ers Reunion
Pages 14-15
Carolina Country
November 1978

Is this any way to handle farm or ranch security?

Just 'hoping for the best' could be very costly.
Farm Bureau Insurance prepares you for fire, windstorm, accident or other liability, with protection that's built around your way of life.. covering the things that make your operation go.

24 HOUR Agent

Rather than hoping for the best, call your Farm Bureau Insurance agent and ask about plans that cover your operation from the ground up, including life, disability, auto, fire, and liability coverages . . . and enjoy that good feeling of security.

Call your Farm Bureau Insurance agent anytime.
He can give you that good feeling of security, 24 hours a day!

North Carolina Farm Bureau
Mutual Insurance Company

NORTH CAROLINA FARM BUREAU Insurance

Southern Farm Bureau
Life Insurance Company

Curbing America's Energy Appetite

This guest editorial was written by Louis Strong, president of the Kentucky Association of Electric Cooperatives, Inc. It originally appeared in that organization's magazine Rural Kentuckian.

A great many of our rural electric members will remember a time in their lives when most of the farming in the country was done with manpower and horsepower rather than tractors and power equipment. Some will recall when most people in their community travelled and hauled their farm products to market more by horse and wagon than with cars and trucks.

But then, we began to put energy to work. We harnessed the energy from petroleum to operate cars, trucks and tractors. Then, we began to generate electricity by burning oil, gas or coal and we use this electricity to operate all kinds of labor-saving devices and conveniences.

Society Now Depends On Petroleum

So in the lifetime of many of us we have moved, from a society largely dependent on manpower for energy to produce our food and fiber, and move us around and take our products to market, to a great industrialized society of over 200 million persons. Now we move on wheels and wings and produce our food and fiber with equipment largely powered by petroleum energy.

In the space of one lifetime we have suddenly developed a standard of living for the average American that would have been the envy of the richest and most powerful king only a few generations ago, and we have done this largely as a result of our ability to harness and use cheap, abundant petroleum energy.

Guest Editorial

But suddenly after developing this enormous and growing appetite for petroleum energy we wake up one morning and find that the world supply of petroleum energy is limited. No more is being made and when we stopped long enough to take a good look into the barrel we could see our supply was beginning to run out. So now, for the first time since mankind started the upward climb on the ladder of civilization, we face the prospect of being the first generation to have to move from a cheaper, more convenient form of energy back to one that is much more expensive and less convenient to use.

Energy Costs Will Rise

Now what does this mean and how does it affect us? It means that my family and every other family in America and every family in the industrialized and developed nations in the world is going to have to spend more of their family income for energy than ever before in their lifetimes. More of the family budget is going to have to go for gasoline to operate our cars, fuel to heat and cool our homes, and for electricity to operate all these labor-saving devices and conveniences that have made us the best fed, the best clothed, and the most lavishly entertained and prosperous generation that ever walked across the face of this earth.

This, in a nutshell, is how we got where we are. How best to adjust to this new situation is what the arguments are all about. Our options are really quite limited for the foreseeable future. We are going to have to begin to curb our growing appetite for petroleum energy and begin to shift to the energy sources we have in abundance and have the technology in place to use — and this is coal and nuclear energy. If we make the shift too expensive or fail to do it in time, then the result is apt to be recession, more inflation and unemployment. □

Carolina Country Salutes:

• General Services Administration official, who has forced two of the agency's managers to face the music of their own mismanagement by overseeing the clean-up of a GSA furniture warehouse where new office furniture has been left stacked for months or even years — crushed, run over, rained on through leaks in the roof, and forgotten. William P. Kelly Jr., who recently took over as commissioner of the scandal-ridden GSA's federal supply service, assigned William B. Foote and Roger F. Carroll Jr. to spend three months working in the warehouse. The two men, both assistant GSA commissioners making $47,500 a year, are responsible for developing methods to ensure that office furniture is stored properly.

• The North Carolina Department of Administration, for converting one of the state government complex buildings from electric heat to an old-fashioned and much less costly system — steam. The 11-story Albemarle Building will be linked to the state's central oil-fired steam plant which heats all the other state buildings in Raleigh. The move will save the state $50,000 to $60,000 a year.

Carolina Country

Read Monthly In More Than 270,000 Homes
Vol. 10 No. 11 November 1978

Official Publication
North Carolina Association of Electric Cooperatives, Inc.
James M. Hubbard — Exective Vice President & General Manager
Owen Bishop — Editor
Kemp Ward — Associate Editor
June M. Brotherton — Staff Writer
Milly Alford — Editorial Assistant

Carolina Country (formerly *The Carolina Farmer*) is published monthly by North Carolina Association of Electric Cooperatives, Inc. Second class postage paid at Richmond, Va. 23219. Editorial Offices, P.O. Box 27306, Raleigh, N.C. 27611. *Carolina Country* is a registered trademark of North Carolina Electric Membership Corporation. Postmaster send form 3579 to P.O. Box 27306, Raleigh, N.C. 27611. EMC group subscriptions, 82 cents a year, individual $1.50. Address all mail to CAROLINA COUNTRY, P.O. Box 27306, Raleigh, N.C. 27611.

In This Issue. . .

6 Engineer Heads EMC Power Supply Unit
8 A Threshers Reunion
11 Joint Generation Projects
13 EMCs Face Power Rate Increase
18 Carolina Homemaker: A Christmas Potpourri
22 I Like Callin' North Carolina Home

COVER—The lighted candle offers a striking focal point for this H. Armstrong Roberts photograph displaying many of the familiar symbols of this "harvest season." We are indebted to the *Glassworkers News*, a publication of the United Glass and Ceramics Works of North America, for the use of the photo color separations.

rural electric Notebook

PEAT-HARVESTING DEMONSTRATION

Members of the board of directors of North Carolina EMC, the power supply arm of the statewide EMC organization, held a recent monthly meeting outside Raleigh for a change -- in order to see first hand what's going on with peat-harvesting experiments at First Colony Farms.

After meeting at the Tideland EMC headquarters in Pantego, the group visited the harvesting site to see a demonstration using equipment First Colony has adapted from Russian and Finnish designs. N.C. EMC has expressed an interest in buying the peat from the huge farm to operate a peat-fired generating plant, if the material can be harvested economically.

CONSERVATION EFFORTS SUPPORTED

Rural electric leaders, meeting in regional sessions at various locations across the country, have adopted a pledge to continue support of the national energy conservation effort.

The resolution making that pledge noted conservation "continues to be one of our nation's top priorities" and that co-ops have been "leaders in the development of innovative energy conservation programs for the benefit of their consumers and in support of the national commitment to more wisely use our natural resources."

The resolution stemmed from plans by the Rural Electrification Administration to require co-ops to adopt vigorous ene conservation programs in order to quali for federal loans.

'GRIM' POWER PROSPECT

The National Electric Reliability Council, an electric utility industry group comprising nine regional councils which monitor the adequacy of bulk power supply in the U.S. and portions o Canada, predicts that the nation faces the "grim" prospect of power shortages in the early 1980s.

A spokesman for NERC said that although the near-term power supply outlook has improved when compared to a similar analysis made last year, long term prospects have grown "materially worse."

NERC Board Chairman Wendell J. Kelley who is also chairman and president of Illinois Power Co., predicted that the projected power shortages "initially will cause short-term curtailments of electric power" and could lead to "some form of rationing with its serious economic consequences."

The Council report blames its prediction on "NERC's certainty that restrictive government legislation and overregulation, severe financial proble fuel supply uncertainties, and opposit to various aspects of power generation and transmission will prevent utility companies from installing projected generating capacity on the schedules they have indicated." □

LAST FALL ENROLLMENT FOR NORTH CAROLINA CO-OP MEMBERS

CO-OP YOUR HOSPITAL BILLS

SAVE UP TO ONE-HALF

YOU PAY *MUCH* LESS ... YOU GET *MUCH* MORE!

- HIGHER CASH PAYMENTS... UP TO $1500 MONTHLY PLUS UP TO $5000 ACCIDENTAL DEATH BENEFIT
- PAYS YOU FIRST DAY... EVERY DAY
- PAYS CASH PAYMENTS DIRECT TO YOU
- LIFETIME PROTECTION
- COSTS YOU UP TO 50% LESS
- PAYS IN ADDITION TO...
  - ✓ ANY OTHER INSURANCE
  - ✓ WORKMENS' COMPENSATION
  - ✓ VETERANS' HOSPITAL
  - ✓ MEDICARE
- LAST FALL ENROLLMENT

One person in every third family will go to the hospital this year, according to the American Hospital Association. It could happen to "the other guy" or it could happen to you.

Would you be able to get — and pay for — the kind of medical attention you'd need? According to recent newspaper reports, the average hospital bill is over $1,000! Could you come up with this kind of money without changing your living level ... without using up your savings ... without going into debt.

Co-op Insurance Fund will help you "co-op" those huge hospital bills. If you're not a CIF member — you ought to be — that is, if you want to buy the best *"extra"* hospital protection at the very lowest cost. CIF will pay you up to $50 a day ... $350 a week ... $1,500 a month. That's the kind of help you need ... at a cost you can afford!

Dollar for dollar, CIF gives you more protection for your money. Compared to other advertised plans, **CIF can save you as much as 50%!**

The first ... the oldest plan ... developed especially to serve the needs of Rural Electric Members, CIF has thousands of satisfied customers coast-to-coast. To find out how you, too, can protect your family — and *save money* — just fill in the coupon and get the whole story from Co-op Insurance Fund!

No Agent Will Contact You!

LAST FALL ENROLLMENT

No Obligation No Risk

TO GET THE WHOLE STORY — Fill in information and mail to:

CO-OP INSURANCE FUND
Sixth Floor, 1447 Peachtree St., N E . Atlanta, Ga 30309

Please Print Name_____ Street Address (or RFD)_____

City/Town _____ State _____ Zip _____

List ages of those you want information for ☐ Male Age_____ ☐ Female Age_____ ☐ Children Ages_____

NC-11

Engineer Heads EMC Power Supply Organizatio

An Oklahoma engineer with 19 years of experience in rural electrification has been named manager of North Carolina Electric Membership Corporation, the power supply arm of the statewide organization representing the state's 28 Electric Membership Corporations.

J.W. (Jim) Stephenson, 46, fills a position that was created earlier this year when the statewide organization was split into three corporations. Under the new structure, N.C. EMC handles all matters pertaining to the power supply needs of the member EMCs.

"We feel we are fortunate to have a proven manager with such a strong background joining our organization," said James M. Hubbard, executive vice president and general manager of the statewide organization. "He brings the experience and know-how essential for the job we're trying to do in power supply. We're confident he'll provide the kind of leadership we need in this area."

Stephenson will be assuming the post at a crucial time for the EMCs, which are now shaping agreements with Duke Power Co. and Virginia Electric and Power Co. to purchase portions of their generating facilities.

Stephenson has held several high-level engineering positions over the past 16 years with Western Farmers Electric Cooperative in Anadarko, Okla., a generation and transmission cooperative serving 19 electric distribution co-ops. The positions include manager of transmissions engineering, chief engineer of engineering and operations, planning engineer and project engineer. From 1959 to 1962, Stephenson worked as engineering assistant to the manager of an electric distribution cooperative in Arkansas.

Stephenson, an Oklahoma State University electrical engineering graduate, directed up to 55 persons in the cooperative's engineering, drafting, data processing, stores and operations departments. He also managed the cooperative's planning department, substation design and construction department and computer department.

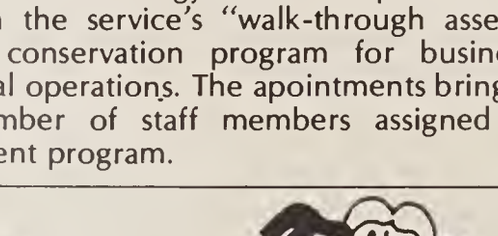
In addition, he helped with r and feasibility studies, nego tions with investor-owned utilit long-range planning for mem co-ops, load projections and lo flow studies. In Anadarko, served as a Democratic Party p cinct chairman and as a membe the local hospital advisory boa He is an active member of the C Alumni Association.

At the Arkansas co-op, his du included long-range planni rate analysis, REA pow requirement studies, fault stud and protection coordinati studies.

From 1956 to 1959, as engineer with the Nucl Engineering Division of Westinghouse Electric Corp., was responsible for the design a construction of instrumentat and control equipment for nucl reactors installed in U.S. N atomic-powered submarines a aircraft carriers.

The U.S. Navy veteran is marr and his family includes f children. □

H. T. (Tom) Hilliard of Jeffersonville, Ind., and **Thomas C. Sparks** of Raleigh have been named to the North Carolina State University Industrial Extension Service staff as energy extension specialists. They'll work in the service's "walk-through assessment" energy conservation program for business and industrial operations. The apointments bring to four the number of staff members assigned to the assessment program.



Bill Winn of Laurinburg has been elected president of the North Carolina Consumers Council, a private, non-profit consumer affairs organization. Other officers are **Richard Clark** of Monroe, first vice president; **Rachel Smith** of Hudson, second vice president; **Agnes Moore** of Greensboro, secretary and **Larry Morse** of Greensboro, treasurer. Mrs. Smith is coordinator of youth and women's activities at Blue Ridge EMC, Lenoir.

Lacy V. Adams of Randleman has been honore North Carolina's "Driver of the Year" in recognit of his safe driving record. A driver for Exxon, he logged 2.3 million miles without an accident durin years of professional driving.

North Carolina Agriculture Commissioner Jame Graham has been elected president of the Natic Association of State Departments of Agriculture. assumed the post at the group's 1978 annual meet in Columbus, Ohio, after having served for the p year as its first vice president. Meanwhile, **Curti Tarleton**, director of the division of marketing of North Carolina Department of Agriculture, recei the national association's honor award for servic

New chairmen have been appointed for the N Agricultural Extension Service offices in Duplin a Rowan Counties. **Lois Britt**, 4-H agent, has succee **Vernon Reynolds** in Duplin County. She is a vete of 22 years with the Duplin extension office. **J. Har Caudill**, agricultural agent, has succeeded Ro **McNeely** in Rowan County. He has been with extension service in North Carolina since 1 transferring to Rowan County from Catawba Cou in 1976. Both Reynolds and McNeely have retire

Some "Fussing And Fuming" Helps Co-ops Stay Strong

Cooperatives must try hard to get members involved in decision-making and keep them well informed even if it means less efficiency and more strife, Dr. George Hyatt told a crowd of about 150 state and community leaders at the McKimmon Center at Raleigh last month.

A lot of "fussing and fuming" could be avoided by bypassing member involvement, but such a move would amount to a betrayal of the basic character and philosophy of cooperatives, he said.

Speaking at a breakfast meeting kicking off observance of "Cooperative Month" in October, Hyatt warned that a cooperative without meaningful involvement from members is like a "fishy handshake" and can't prosper like it should.

"So many times we expect, solicit and work for membership involvement after all the major decisions have been made," Hyatt told the group. "This approach does not bring the best results, develop loyalty or the devotion we need to develop a good cooperative."

Hyatt, who retired in July after 15 years as director of the North Carolina Agricultural Extension Service at North Carolina State University, said some other keys to success are "setting of goals, good management, participating directors, loyalty, keeping the membership up-to-date, honesty and frequent and honest evaluation."

"One of the biggest jobs of management is to keep the membership up-to-date so they are well aware of what is going on. Nothing is more debilitating than to have a membership that doesn't know what is going on."

—Dr. George Hyatt

The meeting was sponsored by the Cooperative Council of North Carolina, a federation of various service and supply cooperatives. Cooperative leaders from throughout the state attended, along with several local governmental and civic leaders, several members of the General Assembly and other state officials. □

r. George Hyatt, left, speaks after the meeting with Charles Colvard, cooperative council ecutive director.

mountain meditations calendar

Beautiful gift calendar for 1979. 12 full-color Appalachian photographs with appropriate scripture verses. Space for appointments. Wall hanging. $2.50 postpaid.

Medcor, Dept. 2, Box 128, Montreat, NC 28757

BARGAIN BUILDINGS

COMMERCIAL • AGRICULTURAL

Century Steel Buildings

CALL TOLL-FREE

1-800-874-3830

26 GAUGE STEEL	30 x 48 x 12	$2,949
OPEN SPAN I-BEAM	40 x 72 x 14	$4,987
CONSTRUCTION	48 x 72 x 15	$5745

BONDED DELIVERY

ALL STEEL - Other Sizes Available Limited Quantities	27 x 40 x 15	$ 3,442
	50 x 81 x 15	$ 8,076
	60 x 108 x 15	$11,265

118 — F O B FACTORY — LOCAL ZONING MAY AFFECT PRICES

CENTURY STEEL BUILDINGS
3991 St. Johns Avenue
Jacksonville, Florida 32205
(904) 389-6939

BARGAIN BUILDING TRUSSES

35 Scissor Trusses — 40 feet, 6 inches — 4-12 Pitch. Take advantage of our change in plans at a sacrifice price. Ideal for a warehouse or barn. If interested, call John Whitworth at (704) 867-3026 between 9 a.m. and 5 p.m.

SOUTHERN ENGINEERING COMPANY OF GEORGIA
ARCHITECTS—ENGINEERS
ATLANTA, GEORGIA

LYRIC CHOIR ROBES

$15.95 UP

FINEST QUALITY

Beautiful design and tailoring Wide choice of colors and fabrics, including permanent press Satisfaction guaranteed Write for catalog and fabric samples

LYRIC CHOIR GOWN CO.
P. O. Box 16954 RN
JACKSONVILLE, FLORIDA 32216

Timberlake's Paintings Keep America Beautiful

Bob Timberlake of Lexington is known for his beautiful images of America. He paints the country's "good side."

That's one of the reasons why he was asked to do a painting to help commemorate the 25th anniversary of the national "Keep America Beautiful" campaign. They wanted something to show the "simple beauty of America" that could be used as the "official" painting during the anniversary year effort. They got it.

Down-To-Earth Beauty

"Daisies," a watercolor, was unveiled in New York recently by the campaign's leaders, drawing praise for the North Carolina artist. Timberlake described his latest creation as "a scene which depicts the simple, down-to-earth beauty which any of us can find in America if we'll just look for it."

Timberlake is donating 1,000 prints, 50 artists' proofs and the original painting to the organization.

"We've talked since 1975 about how I could help them," he said. "Then we decided I could help them raise money."

Officials expect to raise about $200,000 that will go into a scholarship fund for youngsters interested in art. Timberlake said details have not yet been worked out, but campaign officials expect to conduct art contests through schools on local, state and national levels offering scholarships and awards for paintings that do most to show the simple beauty of America and create awareness of what could happen if beautification efforts failed.

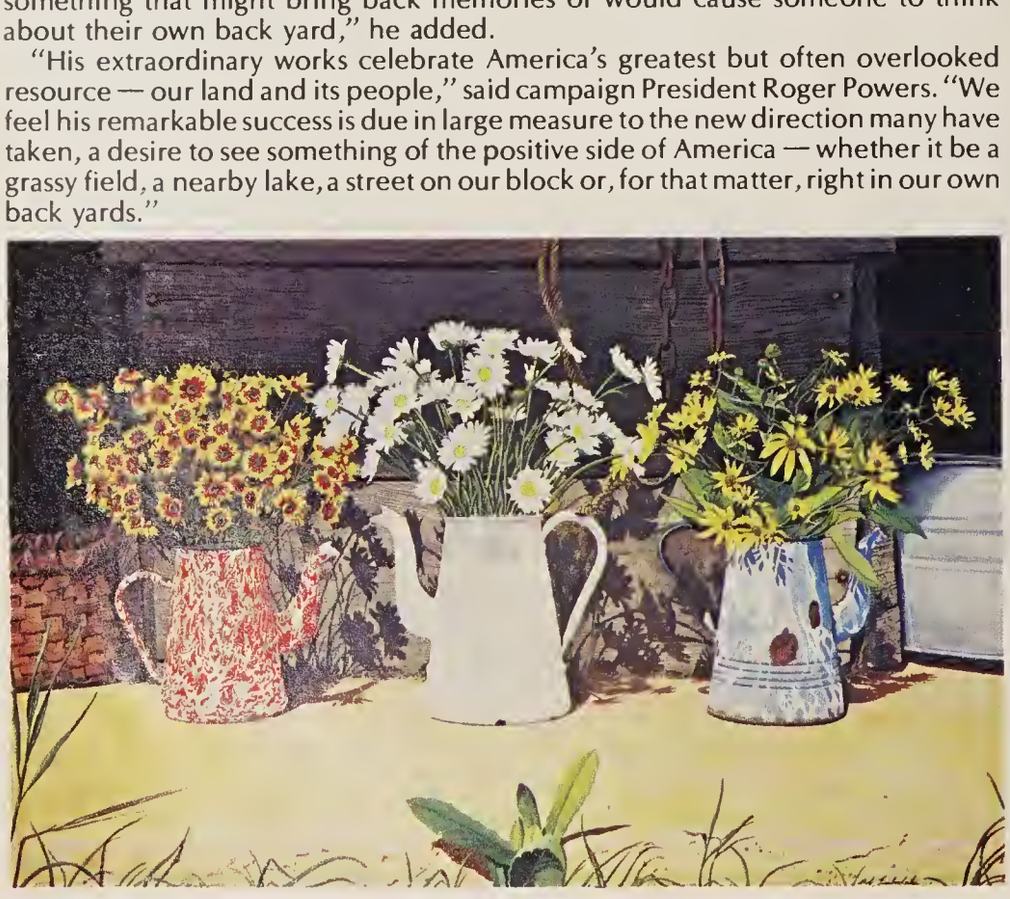
"Hopefully, we can create a generation of people who are more aware and will take more pride in the looks of their nation," the artist said. "Not only can we help the country, but we may help some kids go to college. We may even help some spur on their art career."

Timberlake said he took special pains with "Daisies." It took much longer to paint than most of his other works.

Painting Is One Of "Prettiest" He's Done

"I think it's one of the prettiest things I've ever done," he said. "I was trying to do something that might bring back memories or would cause someone to think about their own back yard," he added.

"His extraordinary works celebrate America's greatest but often overlooked resource — our land and its people," said campaign President Roger Powers. "We feel his remarkable success is due in large measure to the new direction many have taken, a desire to see something of the positive side of America — whether it be a grassy field, a nearby lake, a street on our block or, for that matter, right in our own back yards."



Books

By Frank Jeter, Jr.

American Gold **by Ernest Seeman. Dial Press. 283 pages. $8.95.**

The word "remarkable" is over-worked in the publishing trade especially by those who write advertising blurbs for books. But it is the adjective of choice for *American Gold*, for this is a remarkable work in every way.

The first remarkable aspect is that the book was written more than 40 years ago, beginning in the 1930's, and was flatly rejected by several publishers whose vision was evidently very limited. But the most remarkable thing about this notable work is the quality and richness of the writing, the utter credibility of the subject matter and the sheer enjoyment it affords the reader.

I also find it remarkable that Ernest Seeman, now 91 years old, is still alive (making his home in a small mountain cabin in Tumbling Creek, Tenn.) and with his wife Elizabeth will enjoy at least some of the fruits of his success.

The book begins as the Civil War is ending, when some poor Confederates keep body and soul together by selling some cured tobacco that the Yankees had not liberated from a broken-down barn.

The narrative concentrates on the fictional town of Warham (would you believe that Mr. Seeman was born in Durham, and in fact is a member of the family which operated the famed Seeman Printery in that tobacco town?) and coincidentally tells the story of the Warham family, which makes it big in tobacco manufacturing.

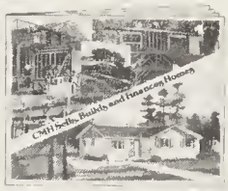
The book abounds in social conscience: we not only see poor white mill workers exploited, but also nimble-fingered Russian Jewish women brought from New York to Warham to make cigarettes by hand then abruptly let go when machines take over.

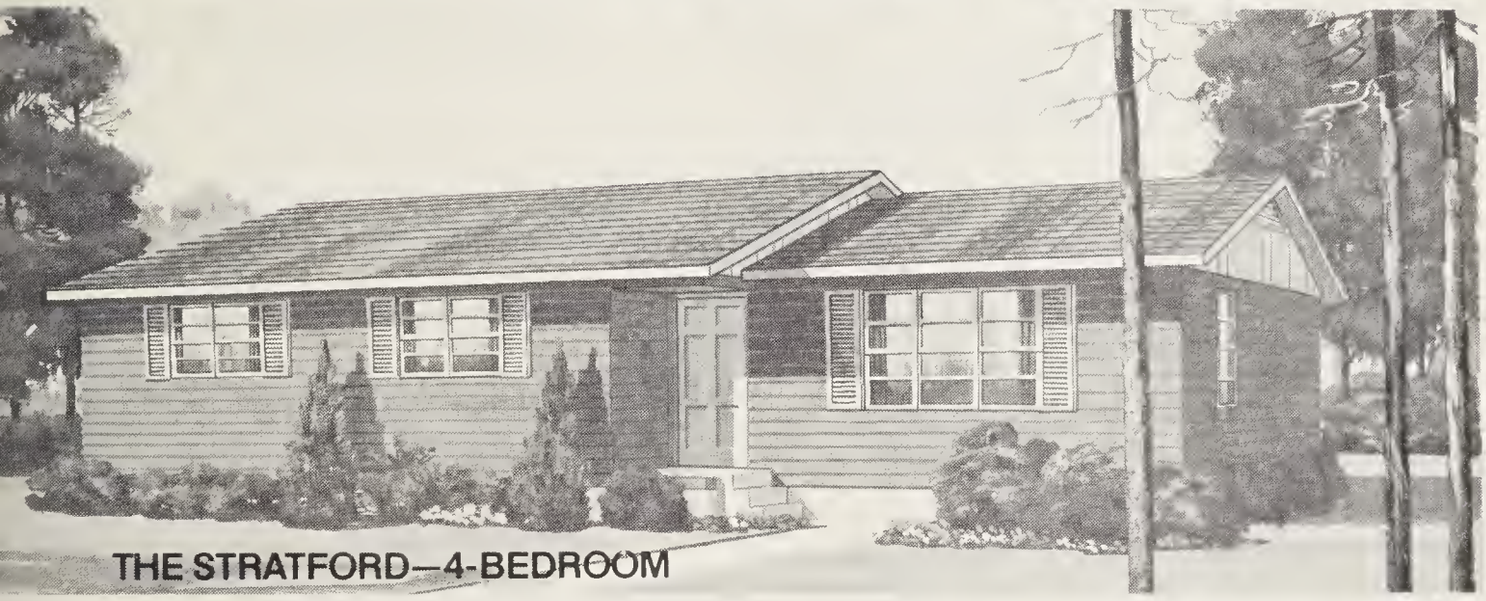
There are some slightly racy passages in the book, including some quaint misspellings on the part of a Chinese laundryman in his placard of services. But these are far from being shockers in the late 1970's — it is only when you think back to the thirties and the mores of that day that some of the words assume a purple hue.

Frank Jeter, Jr. is public information officer for USDA-Soil Conservation Service in North Carolina.

The Best Place To Look For Today's Most Affordable Homes is in The Brand New CMH Plan Book

IT'S FREE



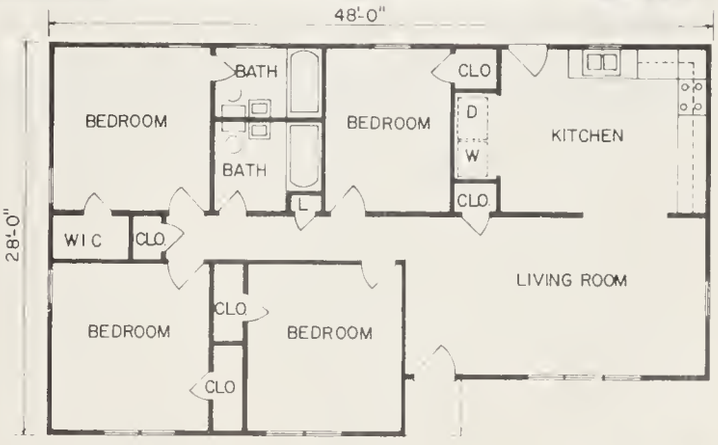


THE STRATFORD—4-BEDROOM

Affordable homes for better living...Five exciting new designs. One should be exactly right for you. If you are interested in building a new CMH family home on your lot, we'll be pleased to answer all the questions and provide all the details about how it can be done. There is no obligation.

WE CAN WORK IT OUT TOGETHER.

Start making your dream of a family-owned home come true by sending for a free copy of the colorful new CMH home plan book today.



WE FINANCE THE HOMES WE SELL...

cmh
CAROLINA MODEL HOME CORPORATION

FINANCING TO MEET YOUR NEEDS.

MODEL HOMES ON DISPLAY IN:

Raleigh, N.C. 834-0771
Greenville, N.C. 758-3171
Wilmington, N.C. 763-8315
Fayetteville, N.C. 485-4111
Florence, S.C. 662-8491

Mail to: **CAROLINA MODEL HOME CORP.**
P.O. Box 53278, Fayetteville, NC 28305

( ) Please send free home plan book with 16 models to choose from.
( ) Please have a CMH representative call.
Own a lot: ( ) Yes ( ) No

Name _____
Address _____
City _____ State ____ Zip ____
Phone _____
If rural route, give directions

Women's Committee Fall Workshop

Sharing The Breeder Message

"Imagine you had a car, and you drove it up to the gas station and got your tank filled with gas," said Sandra Plant, information officer for the controversial Clinch River Breeder Reactor project in Tennessee, as she offered a commonplace analogy for how the breeder operates.

"And while you were driving that car, the gasoline in that tank would produce the energy to run that engine to get you to the grocery store, to your meetings, to school, to work — wherever you go."

"But just imagine, at the same time that energy was propelling you around town that the gasoline in that tank was multiplying — while it was producing power, it was also producing brand new fuel. And after a certain amount of time, you'd have enough gasoline to take some out of your tank and put it in your husband's car.

"Now that is a miracle, but that is how the breeder reactor operates." **—Sandra Plant**

Imagine you had a car, and you drove it up to the gas station and got your tank filled with gas," said Sandra Plant, information officer for the controversial Clinch River Breeder Reactor project in Tennessee, as she offered a commonplace analogy for how the breeder operates.

"And while you were driving that car, the gasoline in that tank would produce the energy to run that engine to get you to the grocery store, to your meetings, to school, to work — wherever you go."

"But just imagine, at the same time that energy was propelling you around town that the gasoline in that tank was multiplying — while it was producing power, it was also producing brand new fuel. And after a certain amount of time, you'd have enough gasoline to take some out of your tank and put it in your husband's car.

"Now that is a miracle, but that is how the breeder reactor operates," stated Ms. Plant.

Her presentation was sponsored as a part of the North Carolina Association of Electric Cooperatives Women's Committee annual fall workshop, held in Greensboro, October 10-11.

According to Ms. Plant, the primary energy sources for this country are oil and natural gas, which comprise 75 percent of our total energy resources. The other 25 percent comes from nuclear and other sources. The problem with this allocation of energy resources is that everything used to produce electricity is a non-renewable resource.

"It has been estimated that one-half of the oil — one-half of the fossil fuels that already exist on earth — have been used up. So, we're working on the last half of it," she said.

And the nation's dependence on oil imports for a source of energy is causing economic problems. In 1977, the United States spent $45 billion to import petroleum products from other countries. Last year, our international trade deficit was just slightly over $45 billion.

"So it is pretty obvious," declared Ms. Plant, "if we could wean ourselves from that foreign oil, we wouldn't have very much of a trade deficit."

She admitted that solar energy and other alternative energy sources have promise, saying that the United States is going to have to depend on some of these exotic sources to complete the energy mix in the future. Still, in her estimation, these technologies are not far enough advanced to produce economical electricity on a commercial basis.

"It is estimated that solar energy will contribute between 2 and 5 percent of our energy mix by the year 2000. Right now, solar is good for heating and cooling our homes but you still have to have a regula back-up system that is still quit expensive, so we're not there ye on solar. But, we'll keep trying."

Addressing safety concerns fo the breeder reactor, Ms. Plan quoted a professor of theoretica physics, Dr. Peter Long: "It is muc more probable that an airplan may crash into a packed footbal stadium killing 50,000 people tha for a nuclear accident of the sam magnitude to happen. Does thi mean we should ban airplanes an football games?"

Pointing to the Rasmussen study on the safety of nuclear powe production, she said, "We did a safety report modelled after the Rasmussen report on the Clinch River project, and the Nuclear Regulatory Commission accepted it as a valid safety study. Our safety study shows, and the NRC agrees, a breeder plant such as Clinch Rive is as safe as a light water nuclea plant — if not safer."

Other speakers at the workshop included Angelina Howard of Duke Power Company who discussed the basics of nuclea energy; Patricia Williams, N.C. EMC staff engineer, who spoke on power supply as it applies to the rural electric cooperative program in North Carolina and James Ellen manager of Halifax EMC, who offered a manager's perspective on the functions of EMC Women's Committees.

—June Brothertor

Joint Generation Projects

EMCs Plan "Short Circuit" To Lower Power Cost

Efforts by North Carolina's Electric Membership Corporations to buy generating facilities from the private power companies are expected to "short-circuit" the usual timetable required to build a generating plant, putting the EMCs in control of at least part of their power supply years earlier than would otherwise be possible.

That proposition emerged as a central message of a day-long Power Supply Workshop presented by officials of North Carolina EMC, the power supply arm of the statewide EMC organization, for four groups of EMC directors, managers and key employees. The sessions were held in Morganton, Sanford, Williamston and Jacksonville in early October.

Using the traditional method of developing plans and building a new nuclear generating plant could take more than 10 years, with three or four required for the licensing and planning work alone, said Patricia Williams, N.C. EMC's staff engineer.

"Coal-fired plants now take about six or seven years, but the many new environmental requirements are causing that time to increase, also," she said.

"The innovative approach of buying existing or planned facilities from an investor-owned power company would permit N.C. EMC to get into the power business 10 to 15 years sooner than it could on its own."

Ms. Williams noted that this kind of arrangement, which is operating successfully in several other states, benefits both the co-ops and the power companies.

The co-ops get "a reliable source of power" which they control and which they can own less expensively than they can continue to buy all their power from the investor-owned utility. The power company benefits from receiving "a large amount of capital at a time when the cost of money is high and plant costs are increasing."

As a result, she added: "A joint participation agreement enables both parties to serve their consumers at a lower cost."

N.C. EMC is currently involved in talks with both Duke Power Co. and Virginia Electric and Power Co. regarding joint ventures. In both cases, the discussions involve plans for the EMCs to acquire portions of existing and planned nuclear generating units.

If the EMCs can establish the economic feasibility of these proposals, financing for the acquisitions could be arranged through the Rural Electrification Administration and the National Utilities Cooperative Finance Corp., a co-op lending institution, Ms. Williams said.

However, before REA will agree to finance such a project, N.C. EMC must demonstrate that it would enable N.C. EMC to provide power to its members at a "significant savings" within a 10-year period when compared to continuing under its present arrangement.

Under either of these joint ventures, N.C. EMC would become the power supplier for the member co-ops across the state, said James M. Hubbard, executive vice president of N.C. EMC. The statewide organization would borrow the necessary funds for the project and handle all contracts with the investor-owned companies involved, passing on to the local EMCs monthly bills for the bulk power flowing to those co-op systems, he said.

David A. Springs of Southern Engineering Co., Atlanta, N.C. EMC's consultants on the joint generation projects, explained that any such ventures would be designed so that all 28 of the state's EMCs would share the savings to be realized. He demonstrated a pricing formula that could be used to accomplish that purpose.

The entire concept is based on each local EMC executing a power supply contract with N.C. EMC, pledging to buy the energy output from N.C. EMC facilities as it becomes available, according to Southern's Franklin Rogers, who has served as the chief negotiator in the buy-in negotiations with Duke Power.

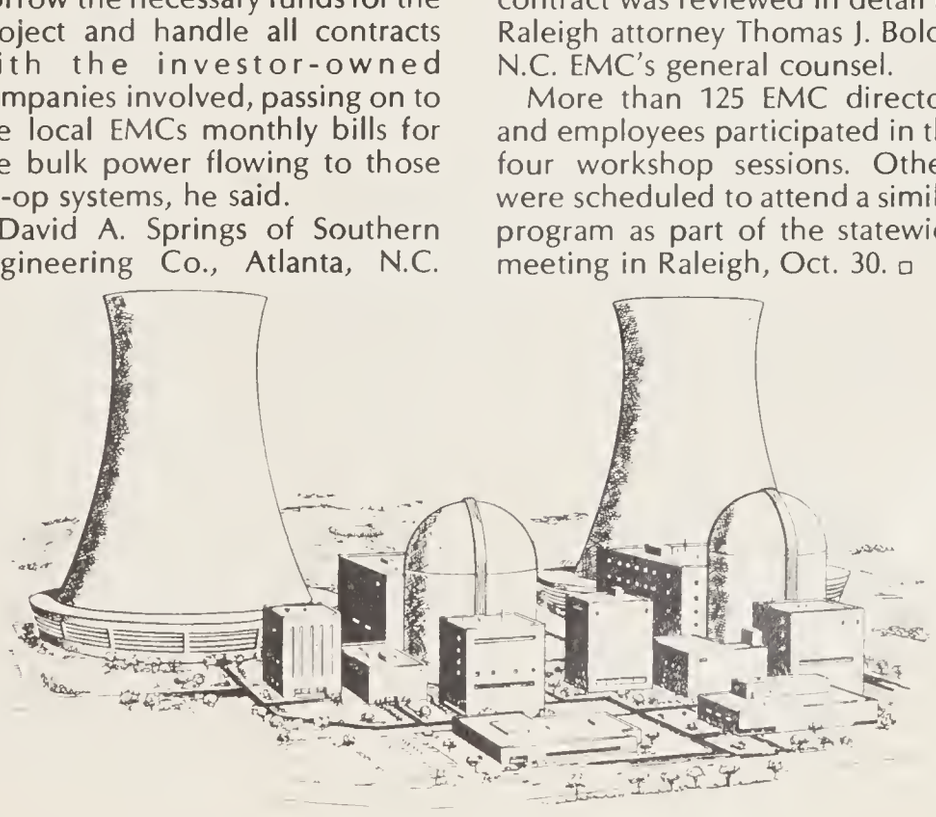
"The innovative approach of buying existing or planned facilities from an investor-owned power company would permit N.C. EMC to get into the power business 10 to 15 years sooner than it could on its own."

—Patricia Williams

The boards of directors of local EMCs across the state will be asked to execute such contracts within the next few months as part of the preparations for N.C. EMC to close the joint generation deals with Duke and VEPCO.

A model "wholesale power" contract was reviewed in detail by Raleigh attorney Thomas J. Bolch, N.C. EMC's general counsel.

More than 125 EMC directors and employees participated in the four workshop sessions. Others were scheduled to attend a similar program as part of the statewide meeting in Raleigh, Oct. 30. □



Magazine Staffers Take Four Awards In Competitions

The *Carolina Country* editorial staff received four honors in recent communications contests sponsored by the Carolinas Association of Business Communicators and the North Carolina chapters of the International Association of Business Communicators.

Editor Owen Bishop won first and second place certificates in the editorial writing category of the IABC contest and Staff Writer June Brotherton took third place in the same category, making it a clean sweep in that category for the magazine staffers.

Bishop's first place award was for the editorial "A Right and a Responsibility," which appeared in the April issue of *Carolina Country*. It outlined the position of the statewide EMC organization on nuclear energy. The second place award cited his editorial "A 'Swamp' Along the Potomac," which commented on the need for revamping the federal bureaucracy. It appeared in the May issue of the magazine.

Ms. Brotherton's award was for an editorial, titled "Old Age Creeping Up On You?", about attitudes that often make people "mentally old" when they're still young in years. It appeared in *The EMC Employee*, a bi-monthly publication for EMC employees across the state. Ms. Brotherton serves as its editor.

In the CABC competition, *Carolina Country* received a merit award in the best magazine category. □

Christmas Seals Fight Lung Disease

Space contributed by the publisher as a public service

Without Concern For Consumers' Pocketbooks

EPA "SERVANTS" ARE DEMANDING COSTLY TOWERS AT CP&L PLANT

"Should the government require Carolina Power and Light Co. to dismantle its present cooling system at the Brunswick nuclear plant and build cooling towers?"

Mark your ballot yes or no.

That question could be put another way:

How would you like to help pay a bill of $25 million a year over the next 25 years?

That's what all of us will be doing in Carolina Power and Light territory if a ruling by the federal Environmental Protection Agency stands. It says the towers must be built.

CP&L expects to appeal the fuling which has been imposed after the Brunswick plant has been operating with a cooling system that EPA says is destroying marine life in the Cape Fear River.

commentary

CP&L has biologists at three universities studying the cooling system controversy. Preliminary findings show that the alleged "loss" of marine life would occur under natural circumstances anyway. The company says the present system recharges the marshes with sea water, making them more productive.

But, it isn't popular these days to find anything good about man's business activities; therefore, there are few scientists with sufficient courage to say that construction of plants — especially plants that generate energy — will not harm the environment. Remember what happened to the government scientist who said that some low-tar cigarettes could be smoked in moderation without serious health hazard? It *is* hazardous to go against the emotional tide that, in essence, says: "The human race is committing suicide, therefore, we must do nothing unless a government bureau says it's all right."

We often wonder what caused the dinosaurs to disappear. People forget that nature, on its own, makes drastic changes, without human interference; yet today, we want to blame man for it all.

Adding to the woes of CP&L, and CP&L customers, is a decision by the U.S. Nuclear Regulatory Commission to reopen hearings on CP&L's nuclear plant in Wake County. This orde appears mainly to be the result of in fighting between the regulator commission and the Atomic Safety an Licensing Board. Stir, with that, a fit o pique by a government inspector an the bureaucratic motto, "At any cos (especially the consumer's), we mus protect our own," and it can be see why electric bills soar.

It seems, therefore, that the time ha come to consult the consumer. Th consumer supports EPA with taxes. H has to pay the cost of generatin power. How about, in a mailing wit CP&L bills, a ballot on whether th consumer wants to invest $25 million year for 25 years to please a handful o bureaucrats and scientists?

It is quite predictable what results o the balloting will be, assuming th voter knows that he will foot the bill But who shall rule? How far can w trust our future to the whims o bureaucrats and alleged "scientifi findings"? Handfuls of anti-nuclea crazies stop construction of powe plants. But many CP&L custome prefer not to take the law-breakin route to express their feelings. The might like to have the satisfaction o expressing their opinion by means of ballot.

Whether that expression would b of value is a good question. Yet, if EPA by its rulings, goes against the will o thousands of customers, it may brin home with clarity, to each of us, tha we are no longer a free people. We ar at the mercy of so-called "servants who expand their power by using ou pocketbook.

—Carteret County News Time Morehead Cit

Our life-style and our economy ar based on a massive energy appetite w use more than any other country in th world. With 6 percent of the world' population our nation consume about 35 percent of the world' energy. Conservation doesn't mea going without. At this point in th world energy race, it means wis usage, not wasting. Surely we car each of us, reduce our energ consumption somewhat with little o no real inconvenience or crimping . . As we move ourselves deeper into th energy bog, let's be sure that we ar part of the answer rather than part o the problem.

—Leland Ulme North Dakota REC Magazin

Six EMCs Face 17% Hike In Power Charges

Virginia Electric and Power Co. has agreed to reduce its latest bulk power rate increase affecting electric cooperatives in Virginia and North Carolina, according to co-op officials.

The agreement will mean that the wholesale power rates charged by VEPCO for electricity flowing to six northeastern North Carolina Electric Membership Corporations will rise by about 17 percent.

VEPCO had originally proposed increasing the rates by about 20 percent, but agreed to adopt the lower rates after a series of negotiation sessions between the power company and the cooperatives.

"We had hoped to secure an even lower rate, but accepted this level because settling the case at this stage will save the co-ops the expense and frustration of a lengthy battle over the rates before the Federal Energy Regulatory Commission which could take up to three years," said Jim Hubbard, executive vice president of the statewide organization of North Carolina EMCs.

The six North Carolina EMCs affected by the VEPCO rate are Albemarle, Hertford; Cape Hatteras, Buxton; Edgecombe-Martin County, Tarboro; Halifax, Enfield; Roanoke, Rich Square and Tideland, Pantego.

North Carolina EMC, the power supply arm of the statewide organization, represents all of the state's 28 EMCs in all rate negotiations with the investor-owned power companies, which supply most of the co-ops' power at wholesale rates.

"Although we're not overjoyed with the settlement rate, it does offer our EMCs some savings compared to the original rate that VEPCO had filed with the FERC," Hubbard added. "It compares favorably with the 17.8 percent rate increase that went into effect Sept. 1 for VEPCO's retail customers."

The original wholesale rate proposal went into effect September 30, after the effective date was delayed by the FERC for a month.

The settlement rate, which must now be submitted to FERC for approval, is to be effective through September, 1979, Hubbard said.

"By the end of next year we expect to be ready to sign a contract with VEPCO to buy a share of the company's nuclear generating plants. Once that contract is executed, we will no longer be involved in these kinds of rate cases with VEPCO." □

Federal Agency Will Reconsider Rate Decision

The Federal Energy Regulatory Commission has agreed to reconsider its decision ordering Carolina Power and Light Co. to refund more than $8 million in excess power charges to 18 of North Carolina's Electric Membership Corporations.

The re-opening of the case was requested by CP&L as well as the EMCs and municipal power systems affected by the refund ruling. Each organization asked the agency to reconsider specific items in the earlier decision.

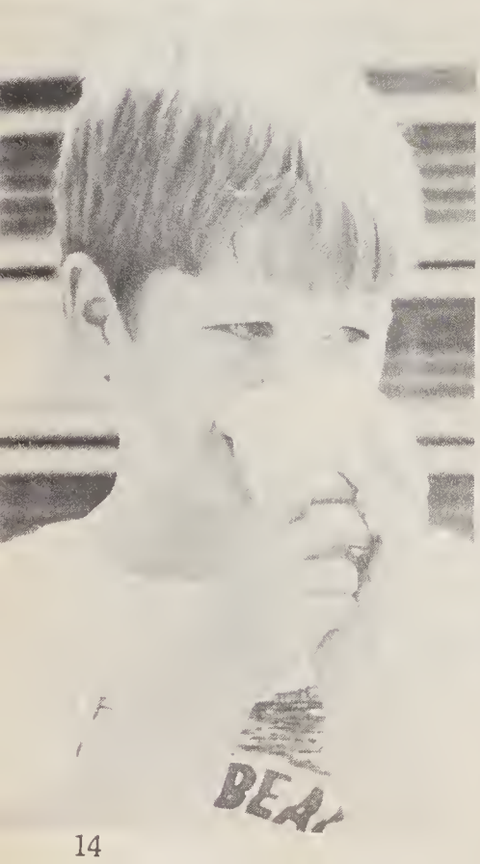
A final ruling following the commission's re-examination of evidence in the case is expected within the next two months. No refunds can be made until after that ruling is issued.

In the original decision, the FERC held that a 34.7 percent increase in CP&L bulk power rates charged to the EMCs and municipal systems from May 1, 1976 to Dec. 29, 1977, was too high. The agency allowed a portion of the increase, but told the company to refund about one-third of the funds collected during that period.

Whatever the outcome of the FERC's new review of the case, CP&L's bulk customers can expect no relief in the current rates they pay for power. Those rates went into effect in December, 1977, also subject to refund should the FERC rule that they are too high. That case is still pending at the commission. □

The new FCX Feed Mill and Grain Market at Barber in Rowan County houses machinery capable of manufacturing 143 different kinds of feed at a rate of 500 tons daily. All major processing functions at the facility are directed by a computerized control system. The mill will serve FCX service centers, dealer agents and diret feeders in the Piedmont and western counties of North Carolina and most of South Carolina. Meanwhile, the FCX grain mill at Farmville has been extensively remodeled to increase its manufacturing capacity from 60,000 tons to 100,000 yearly.

A Threshers Reunion



Show 'em how it used to be.

By Kemp Ward

Vintage cars, steam-powered tractors, old pioneer-type farming equipment. There were even people making wooden shingles and lye soap. It was all there at the Pooletown Volunteer Fire Department 'Threshers Reunion."

Children ate snow cones and ran in spoon-and-egg races. Grownups talked about progress and the 'good ole days." But the best part was that several hundred persons from throughout the Rowan County area attended the two-day festival, helping raise about $5,500 after expenses for the volunteer fire department — enough to pay off a recently purchased firetruck.

The reunion was held on the Baxter Ribelin farm about 14 miles east of Salisbury in the Pooletown community Sept. 9-10. Hundreds of antiques were on display, including rows of tractors and other farm equipment showing dramatically the improvements made down through the decades.

An antique tractor, held high above the farm by a huge crane, made spotting the reunion site easy.

Organizers said the reunion is a good way to demonstrate in clear terms the progress that has taken place on the farm in this century. □

Use Care In Roasting Your Holiday Turkey

Planning a turkey special for the holidays?

A Clemson University Extension Service home economist says some of the commonly "accepted" ways of roasting turkeys are far from acceptable — they can be dangerous because of bacteria buildup.

Also, the energy situation should mean a new set of ground rules for cooking frozen turkeys or other large cuts of meat coming from the freezer, according to Marie Hindman. These should be thawed in the refrigerator before baking or roasting. It's much cheaper.

"It can take about 2½ hours longer to roast a frozen, whole, unstuffed turkey weighing 20 to 24 pounds than an unstuffed turkey that has been thawed," Hindman said. But here's a strong warning about thawing — never thaw a frozen turkey that has been stuffed. This increases danger of bacterial growth.

"In fact," Hindman said, "more and more homemakers save labor and cooking time as they take a wise cue from professional chefs who do not stuff the turkeys, particularly the big birds. Instead, the dressing is baked in a loaf pan or casserole the last hour of the turkey roasting period and may be basted with the turkey pan drippings."

Don't Roast Overnight

As to roasting, "don't roast your turkey in the oven all night long at a low temperature," the home economist says.

"Instead, roast it at the proper, higher temperature for fewer hours in the morning to effectively destroy bacteria. It's unnecessary to preheat the oven; this uses more energy than needed. The most acceptable method and the one that gives best results is roasting at 325 degrees F. (160 degrees C.)"

Here's the recommended procedure:

- Simply place turkey, breast side up, on rack in shallow roasting pan. Brush once with oil. Insert meat thermometer in the center of the inside thigh muscle.
- Place in oven. When skin is light golden brown, place a loose tent of aluminum foil over the legs and breast to prevent excessive browning. Roast until meat thermometer registers 170 to 175 degrees F.
- A 12 to 16 pound bird requires 5½ to 6½ hours. Turkey is done if the thickest part of the drumstick feels very soft when pressed between fingers.
- As soon as possible after serving, remove meat from the bones. Serve cooked turkey meat within 2 to 3 days after roasting. Small, meal-size units, properly wrapped, may be frozen and held up to one month. Cooked poultry slices or pieces covered with broth or gravy may be held frozen up to six months. □

At State Fairgrounds

Crafts Fair Slated For Nov. 24-26

The Carolina Designer Craftsmen, a non-profit craftsmen's guild, will hold its 9th Annual Crafts Fair in the Scott Building on the N.C. State Fairgrounds in Raleigh, Nov. 24-26.

More than 80 craftsmen will display and sell in this juried show, with crafts including batik, ceramics, dolls, enameling, fabric design, glass, graphics, jewelry, knitting, leather, metal, photography, porcelain, pottery, stained glass, weaving and woodworking. Other features include specialty foods, music and the presentation of $5.00 gift certificates hourly throughout the fair.

The Crafts Fair will be open on November 24, from 6 to 10 p.m.; on Saturday, November 25, from 10 a.m. to 9 p.m. and on Sunday, November 26, from noon to 6 p.m. General daily admission is $1.75 for adults, $1.00 for senior citizens, handicapped and students and children under 12 will be admitted free when accompanied by an adult. Special group rates are available.

Carolina Designer Craftsmen, organized in 1970 by a few craftsmen in the Triangle North Carolina area, has grown to cover other regions of the state as well as points in South Carolina, Virginia and Tennessee. □

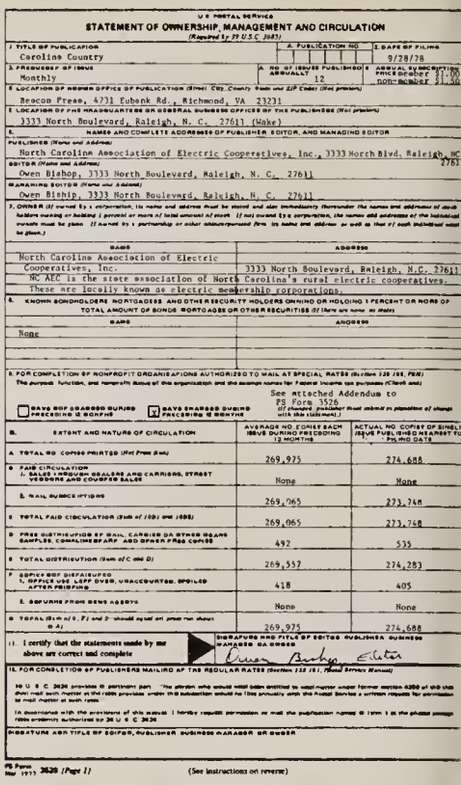
How to save a quarter every time you do your wash.

The electricity it takes to do a hot wash and warm rinse costs about 25 to 27 cents a load. For a cold wash and rinse it's about a penny.

Now 25 cents doesn't seem like a lot of money these days, but if you do laundry often, it can add up fast. Cold versus hot. The savings are up to you.

We're All In This Together. EMC

North Carolina Association Of Electric Cooperatives



U.S. POSTAL SERVICE
STATEMENT OF OWNERSHIP, MANAGEMENT AND CIRCULATION
(Required by 39 U.S.C. 3685)

1. TITLE OF PUBLICATION: Carolina Country
A. PUBLICATION NO.:
2. DATE OF FILING: 9/28/78
3. FREQUENCY OF ISSUE: Monthly
A. NO. OF ISSUES PUBLISHED ANNUALLY: 12
B. ANNUAL SUBSCRIPTION PRICE: member $1.00; non-member $3.00
4. LOCATION OF KNOWN OFFICE OF PUBLICATION (Street, City, County, State and ZIP Code) (Not printers): Beacon Press, 4731 Eubank Rd., Richmond, VA 23231
5. LOCATION OF THE HEADQUARTERS OR GENERAL BUSINESS OFFICES OF THE PUBLISHERS (Not printers): 3333 North Boulevard, Raleigh, N. C. 27611 (Wake)
6. NAMES AND COMPLETE ADDRESSES OF PUBLISHER, EDITOR, AND MANAGING EDITOR
PUBLISHER (Name and Address): North Carolina Association of Electric Cooperatives, Inc., 3333 North Blvd. Raleigh, NC 2761
EDITOR (Name and Address): Owen Bishop, 3333 North Boulevard, Raleigh, N. C. 27611
MANAGING EDITOR (Name and Address): Owen Bishop, 3333 North Boulevard, Raleigh, N. C. 27611
7. OWNER (If owned by a corporation, its name and address must be stated and also immediately thereunder the names and addresses of stockholders owning or holding 1 percent or more of total amount of stock. If not owned by a corporation, the names and addresses of the individual owners must be given. If owned by a partnership or other unincorporated firm, its name and address as well as that of each individual must be given.)

NAME	ADDRESS
North Carolina Association of Electric Cooperatives, Inc.	3333 North Boulevard, Raleigh, N.C. 27611
NC AEC is the state association of North Carolina's rural electric cooperatives. These are locally known as electric membership corporations.	

8. KNOWN BONDHOLDERS, MORTGAGEES, AND OTHER SECURITY HOLDERS OWNING OR HOLDING 1 PERCENT OR MORE OF TOTAL AMOUNT OF BONDS, MORTGAGES OR OTHER SECURITIES (If there are none, so state)

NAME	ADDRESS
None	

9. FOR COMPLETION BY NONPROFIT ORGANIZATIONS AUTHORIZED TO MAIL AT SPECIAL RATES (Section 132.122, PSM)
The purpose, function, and nonprofit status of this organization and the exempt status for Federal income tax purposes: (Check one)
☐ HAVE NOT CHANGED DURING PRECEDING 12 MONTHS ☒ HAVE CHANGED DURING PRECEDING 12 MONTHS (If changed, publisher must submit explanation of change with this statement.)

See attached Addendum to PS Form 3526

10. EXTENT AND NATURE OF CIRCULATION	AVERAGE NO. COPIES EACH ISSUE DURING PRECEDING 12 MONTHS	ACTUAL NO. COPIES OF SINGLE ISSUE PUBLISHED NEAREST TO FILING DATE
A. TOTAL NO. COPIES PRINTED (Net Press Run)	269,975	274,688
B. PAID CIRCULATION 1. SALES THROUGH DEALERS AND CARRIERS, STREET VENDORS AND COUNTER SALES	None	None
2. MAIL SUBSCRIPTIONS	269,065	273,748
C. TOTAL PAID CIRCULATION (Sum of 10B1 and 10B2)	269,065	273,748
D. FREE DISTRIBUTION BY MAIL, CARRIER OR OTHER MEANS SAMPLES, COMPLIMENTARY, AND OTHER FREE COPIES	492	535
E. TOTAL DISTRIBUTION (Sum of C and D)	269,557	274,283
F. COPIES NOT DISTRIBUTED 1. OFFICE USE, LEFT OVER, UNACCOUNTED, SPOILED AFTER PRINTING	418	405
2. RETURNS FROM NEWS AGENTS	None	None
G. TOTAL (Sum of E, F1 and 2 - should equal net press run shown in A)	269,975	274,688

11. I certify that the statements made by me above are correct and complete.
SIGNATURE AND TITLE OF EDITOR, PUBLISHER, BUSINESS MANAGER, OR OWNER: Owen Bishop, Editor

12. FOR COMPLETION BY PUBLISHERS MAILING AT THE REGULAR RATES (Section 132.121, Postal Service Manual)
39 U.S.C. 3626 provides in pertinent part: "No person who would have been entitled to mail matter under former section 4359 of this title shall mail such matter at the rates provided under this subsection unless he files annually with the Postal Service a written request for permission to mail matter at such rates."
In accordance with the provisions of this statute, I hereby request permission to mail the publication named in item 1 at the phased postage rates presently authorized by 39 U.S.C. 3626.
SIGNATURE AND TITLE OF EDITOR, PUBLISHER, BUSINESS MANAGER, OR OWNER

PS Form 3526, Mar 1977, (Page 1) (See instructions on reverse)

ADDENDUM TO PS FORM 3526

9. Explanation of Change:

This publication was formerly owned by North Carolina Electric Membership Corporation (N.C. EMC) which was then the statewide association of rural electric membership corporations. As of January 1, 1978, N.C. EMC ceased being the statewide association and its statewide functions were assumed by the North Carolina Association of Electric Cooperatives, Inc., which is, like N.C. EMC was, a non-profit association owned by and serving the 28 member-owned non-profit rural electric membership corporations corporately sited in North Carolina.

INSTALLING HOME INSULATION

This 16-page Handyman's Guide spells out the importance of home insulation in conserving energy and trimming the family's monthly electric bills — and offers complete instructions for installing it yourself. For your free copy, write to the N.C. Association of Electric Cooperatives, P.O. Box 27306, Raleigh, NC 27611.

RUPTURE AGONY DISAPPEARS . . .

WHEN you slip into a Brooks Appliance! Your reducible rupture will be held securely, yet gently, night and day. Send for our free booklet now.
BROOKS, Dept. 386, Marshall, Mich. 49068

SOFT TOILET SEAT 9.95

Six Colors: Red • White • Yellow • Blue • Brown • Green. Soft Vinyl over a thick foam pad. It's soft • It's sturdy. Guaranteed for three years. The Ideal Xmas Gift. Let us tell you how to make money selling them. Dresses up the bathroom. They are a conversation piece.

Add $1.00 for shipping costs.

VICTORIA TOILET SEAT CO.
P. O. Box 4737
Hollywood, Florida 33023

NOT A DRUG

Amazing "Burn-fat-by-the-hour" Program
Developed by Doctors at Boston Medical School

BURNS AWAY MORE FAT EACH 24 HOURS THAN IF YOU RAN 14 MILES A DAY!

INCREDIBLE "CRASH-LOSS" BREAKTHROUGH REPORTED IN LEADING AMERICAN MAGAZINES WORKS SO FAST YOU CAN ACTUALLY MEASURE THE DIFFERENCE IN YOUR WAISTLINE IN 24 TO 48 HOURS!

Yes, LOSE up to 6 POUNDS the first 48 HOURS — LOSE up to 12 POUNDS the first 7 days — LOSE up to 4, 5, even 7 POUNDS MORE the next 7 days — and continue to burn away as much as 7 to 9 pounds more fat every 2 weeks thereafter, (if you still need it) . . . until you've finally lost 50 — 70 — 100 pounds DR MORE . . . **without festing, without constent willpower, without constant pengs of hunger or e single moment of body-recking exercise!**

Recommended by the U.S. Government's very own doctors to members of Congress who want to lose weight fast . . . Hailed as the weight-loss "breakthrough of the century" by leading medical journals . . . here at last is the most effective NO-DRUG program for FAST — INSTANT — PERMANENT LIFETIME WEIGHT-LOSS ever made available to the public without a prescription!

WORKS SD FAST THE FIRST WEEK ALONE YOU LOSE AS MUCH AS 1½ TO 2 POUNDS DF BDTH FLUID AND FAT EVERY 24 HOURS!

Direct from the pages of medical journals and leading American magazines come reports of an incredible "fat burning" breakthrough by medical researchers at one of Boston's foremost medical schools! Reports of a new "crash-loss" program (featuring a remarkable natural substance) that safely yet surely steps up FAT-BURNING METABOLISM . . . forces your system to ATTACK bulging pockets of fat . . . and starts to shrink and burn that fat in just a matter of hours!

Yes, from one of New England's leading medical centers comes the new SUPER FAT-BURNING way to turn up your "inner furnace" . . . unlock those clinging pockets of fat . . . break them down SO FAST . . . you burn off excess bulge at the unbelieveable rate of up to **6 POUNDS of both fluid and fat GONE the very first weekend elone!**

Think of it! You actually burn away more fat each 24 hours than if you ran 12 to 14 miles a day! Lose more inches each week than if you did 30D sit-ups each morning and 300 push-ups each night! Actually LOSE as much as A FULL SIZE THE FIRST 7 DAYS . . . **and from 3 to 5 inches off your weistline the very first month!**

That's right! Weight-loss results and inches-off wonders that absolutely stagger the imagination. Just look:

U.S. ARMY OFFICERS LOSE WEIGHT 3 TIMES FASTER THAN EVER BEFORE!

Case History #1: When medical researchers in Boston, New York, Philadelphia and Los Angeles first tested this hi-amino concept on a scientific weight-loss program . . . they reported astonishing results of as much as 12 POUNDS LOST IN JUST THE FIRST 7 DAYS! — 16 to 18 pounds gone by the end of week number two — and most mind-coogling of all — U.S. Army Officers actually losing weight 3 times faster than ever before! As much as 50 POUNDS GONE, like that!

WAISTLINES SHRINK UP TO 3 INCHES IN 7 DAYS — A FULL 5 INCHES SMALLER IN A SINGLE MONTH!

Case History #2: When first rumors of this medical breakthrough leaked out to professional actors, actresses and celebrities . . . they immediately rushed to the offices of America's leading weight-loss specialists to get their hands on this magic compound"; and no wonder! Because the first week alone they carved away as much as 2 pounds a day . . . 13 pounds a week . . . were forced to take in their belts 3 notches smaller in just 10 days!

DOCTORS REPORT: AVERAGE LOSS — 57 POUNDS!

Case History #3: But most significant of all . . . when universities, hospitals and medical schools, (such as New York's Leading Medical School and one of Cleveland's largest hospitals) tested this "crash-loss program" on patients who all their lives had been hopelessly overweight . . . they reported astonishing losses of as much as 2 pounds a day at the start . . . 20 to 30 pounds a month . . . as much as 70 pounds lost over a single summer season! — by simply stepping up their fat-burning metabolism and **burning, melting, oxidizing** 50, 70, 100 pounds of hard-set fat . . . FASTER, SURER than they had ever dreamed possible!

WORKS LIKE "POWDERED HEAT" — MAKES YOUR INNER FURNACE BREAK DDWN BDDY FAT!

What is this wondrous development that helps safely stimulate fat-burning metabolism and shrink your body's fat cells the moment it starts working in your system? It is an ANTI-FAT WEAPON unlike anything you've ever seen, or tried in your life. A FAT-BURNING aid that helps you convert body fat to body fuel AUTOMATICALLY . . . and EVAPORATE excess ,pounds and inches starting the very first day!

Think of it! A medically proven formula that is such an effective reducing aid . . . that when combined with the food you eat on this "crash-loss" program . . . **burns off as much fat each 24 hours as if you jogged up to 14 miles a dey . . . or played 3 hours of tennis in the most brutal heet!**

The neme of this wondrous amino formula is "THERA-SLIM-100" and here Is precisely how you use It to win the body end figure of your dreems as you:

LOSE UP TO 4 TO 6 INCHES OFF YOUR WAISTLINE
LOSE UP TO 2 TO 5 INCHES OFF YOUR HIPS
LOSE UP TO 3 INCHES OFF YOUR THIGHS
LOSE UP TO 4 INCHES OFF YOUR BUTTOCKS
LOSE UP TO 4 INCHES OFF YOUR STOMACH

and as we've said before, starting not in weeks, but in mere days.

HELPS YOUR BODY CONVERT STOREO UP FAT TO BURNED UP ENERGY! At this very moment — having read this far — you are but one short step away from LIFETIME IMMUNITY TO FAT! Now comes your FINAL GIANT STEP into a whole new world of LIFETIME SLIMNESS.

Of course, there is one thing you must keep in mind. With the "THERA-SLIM-100" way to LIFETIME SLIMNESS you cannot gorge yourself on all sorts of fattening foods, candies and desserts. Not that you'd ever want to, because with "THERA-SLIM-100" — due to your new, stepped up metabolism — besides enormous weight-loss you also experience a loss of hunger. Which makes it one of the easiest ways to lose weight fast. Now here's how simple it is:

STEP #1 — YOU EAT

In addition to the wide and tasty selection of food you enjoy morning and night, (all scientifically programmed to help maintain a high-level of FAT BURN-OFF) . .

STEP #2 — YOU TAKE "THERA-SLIM-10D" hi amino compound.

Once a day, you take "THERA-SLIM-100" In a glass of water, (just like refreshing fruit juice). This hi-amino intake helps keep the fat-burning chain-reaction going ALL 24 HOURS OF THE DAY — NDN STOP!

STEP #3 — YOU HAVE AUTOMATICALLY STEPPED UP YOUR FAT-BURNING METABOLISM — SO YOU AUTOMATICALLY BURN OFF EXCESS WEIGHT!

In virtually no time at all, you make your inner furnace accelerate fat burn-off. Safely, gently, yet surely you cause a gradual change in your fat-burning metabolism as you "rev-up" that inner furnace.

The result: Your body begins to eliminate stored-up fat and fluid at a rate so incredibly fast, the very first weekend alone YOU DRAIN AWAY AS MUCH AS 5 DR 6 PDUNDS!

In short, with the "THERA-SLIM-100" weight-loss program you force your body to automatically convert body fat to body fuel . . . automatically shrink fatty cells . . . drain off excess flab . . . flush it right out of your system ONCE AND FOR ALL!

Never before has medical science offered you a surer, faster, more effective weight-loss method, (short of total fasting) than this super fat-burning breakthrough development at one of Boston's Leading Medical Schools.

THE FACTS ARE IN! THE RESEARCH IS DDNE! THE INCREDIBLE WEIGHT-SLASHING RESULTS HAVE BEEN PROVEN BEYDND A SHADDW OF A DOUBT BY MEDICAL SCHDDLS — HOSPITALS — DOCTDRS — AND SCDRES AND SCDRES DF OVERWEIGHT PATIENTS! NOW THE FINAL STEP IS UP TD YDU!

REMEMBER: You must see dramatic results in just 24 hours — results you can measure with both your scale and your tape measure . . . you must lose:

up to 6 lbs. the first 48 hours
up to 12 lbs. the first 7 days
up to 7 lbs. more the next 7 deys

or it costs you nothing! Simply return within 10 days for full refund (except postage and handling, of course). Act now!

© 1978 American Consumer, Inc., Caroline Rd., Phila., PA 19176

IF YOU READ NOTHING ELSE — READ THIS!

What you see on this page is the announcement of the latest breakthrough by medical science In the war against fat. Developed at one of Boston's leading medical schools, the incredible weight-loss results this "crash-burn" program delivers are so astonishing (average loss 57 lbs.) It has been featured in every leading medical journal . . . given headline coverage in the medical-news columns of many major newspapers. Aside from — ABSDLUTE STARVATION — there is no surer, faster, more effective way to slash away pounds and inches than with this Boston medical school discovery.

However, before starting we advise you to consult with your physician to be sure you are in normal health and your only problem is excess weigh.. Individuals with gout, heart disease, diabetes or pregnant women should not use it at all. As a matter of fact, we insist that you show this entire program to your family physician . . . have him check you regularly to make sure you're not losing too much, too fast . . . and advise when you've lost enough. See if he doesn't agree that the "THERA-SLIM-100" road to Lifetime Slimness, including the recommended progressive daily toneup, isn't by far the most effective approach to the conquest of excess weight ever developed by medical science.

MAIL NO-RISK CDUPON TODAY

PENN-BID, PHARMACALS, Dept. JPDB-91
Caroline Road, Philedelphia, PA 19176

Yes, I want to burn away excess weight fast and permanently with this doctor's "crash-loss" program featuring amazing high-amino compound "THERA-SLIM-100".

Please rush me the offer I have checked below. If not delighted, I may return it in 10 days and you will refund the full purchase price (except postage & handling, of course).

CHECK OFFER DESIRED:

☐ (#009) Full 10-Day Supply . . . only $7.95 plus 50¢ postage & handling.

☐ (#017) Full 15-Day Supply . . . only $10.95 plus 75¢ postage & handling.

☐ (#025) Full 20-Day Supply . . . only $12.95 plus $1 postage & handling.

☐ (#033) Full 30-Day Supply . . . only $17.95 plus $1 postage & handling.

Amount enclosed $_____ PA residents add 6% sales tax. Check or money order, no CDDs please.

CHARGE IT: (check one) Exp. Date _____

☐ Visa / BankAmericard

☐ Master Charge
Bank Number ____ ____ ____ ____

Credit
Card # _____

Name _____

Address _____ Apt. # _____

City _____ State _____ Zip _____

5480

Div of American Consumer, Inc.

A Christmas Gift Potpourri.

Ruth Moose of Albemarle has come up with a goodie bag full of herb and tea blends that make a very special little gift for next-door neighbors, bridge club or garden club friends. Just be sure you save some for your own use — they're delicious additions to almost any recipe!

Give them in net-covered plastic bags along with a casserole dish and recipe for using them, or save spice jars and repackage these mixes under your own special label. ▫

RUSSIAN TEA WITH PINEAPPLE

1-14 oz. jar orange breakfast drink
1/2 c. instant tea
1 c. sugar
1-3 oz. pkg. orange-pineapple gelatin
2 t. cinnamon
1/2 t. cloves

Mix together and store in a tight container. Use 2 heaping teaspoons mix to a cup of boiling water.

PRIVATE LABEL SEASONING SALT

1 c. salt
1 t. thyme
1 t. oregano
1 t. garlic powder
1 t. onion powder
1 t. curry powder
2 t. dry mustard
2 t. paprika

Mix together. Blend well and pour into an airtight container.

SPICE MIX

3/4 c. ground white pepper
4 t. ground cloves
4 t. ground ginger
2 t. ground nutmeg
1 t. cinnamon

Mix ingredients until well blended and store in covered containers, tightly closed until 'giving' time. Makes 1 cup or gift packets of 1/4 cup each. Perfect for seasoning meatloaf, ground beef casseroles or soup.

The Carolina Homemaker

ITALIAN HERB MIX

3 T. oregano
3 T. marjoram
1 T. thyme
3 T. savory
3 T. basil
2 T. rosemary
1 T. sage

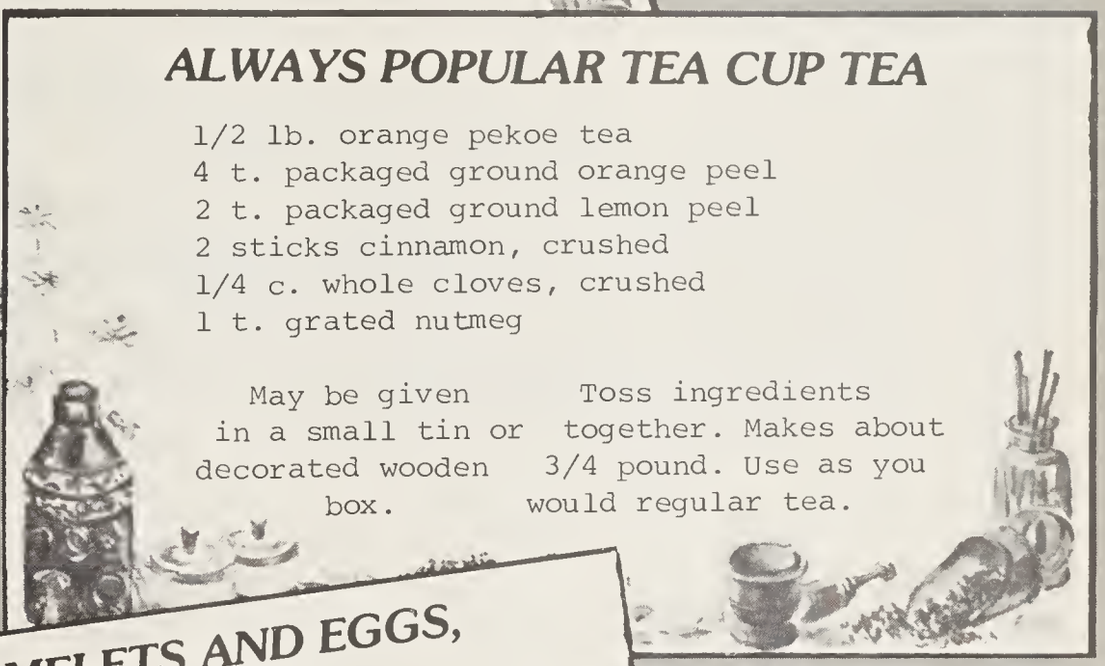
Use leaves of all of the ingredients and blend together. Makes one cup or four gift packets of 1/4 cup each. Great for seasoning salads, tomato sauces, chicken dishes and veal.

ALWAYS POPULAR TEA CUP TEA

1/2 lb. orange pekoe tea
4 t. packaged ground orange peel
2 t. packaged ground lemon peel
2 sticks cinnamon, crushed
1/4 c. whole cloves, crushed
1 t. grated nutmeg

May be given in a small tin or decorated wooden box.

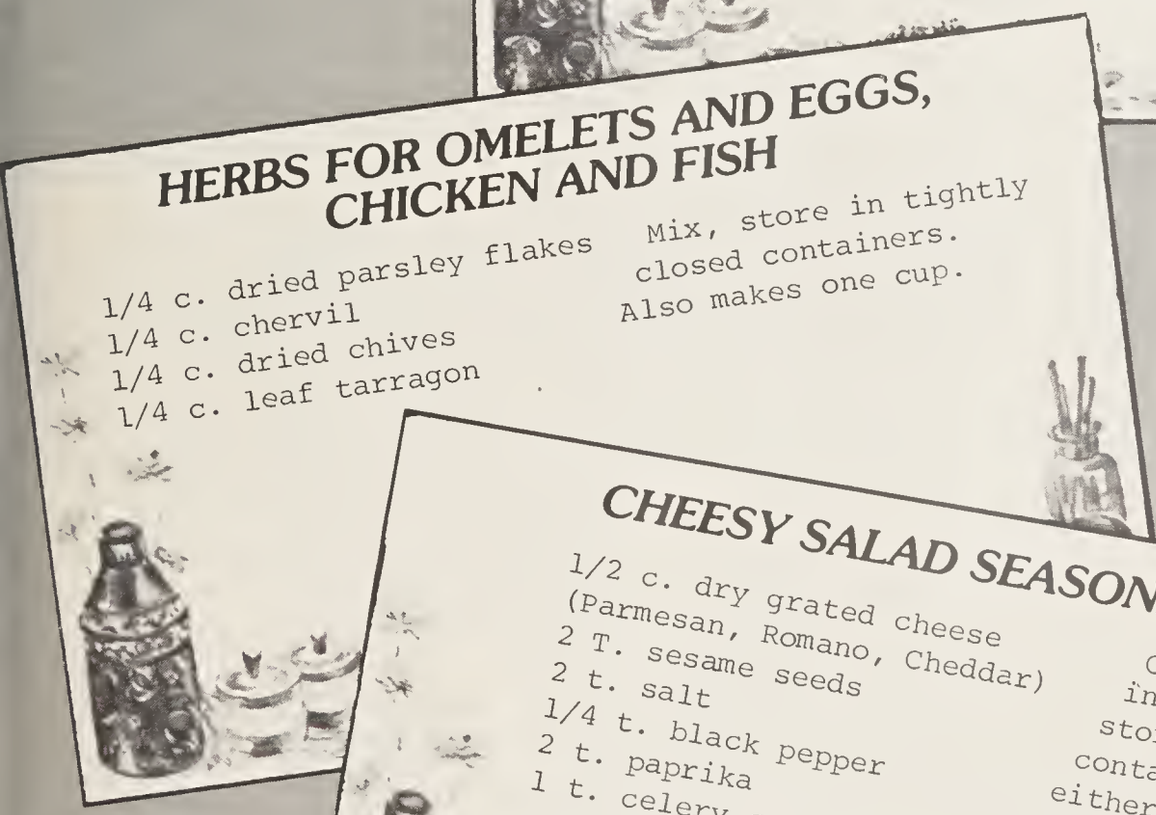
Toss ingredients together. Makes about 3/4 pound. Use as you would regular tea.



HERBS FOR OMELETS AND EGGS, CHICKEN AND FISH

1/4 c. dried parsley flakes
1/4 c. chervil
1/4 c. dried chives
1/4 c. leaf tarragon

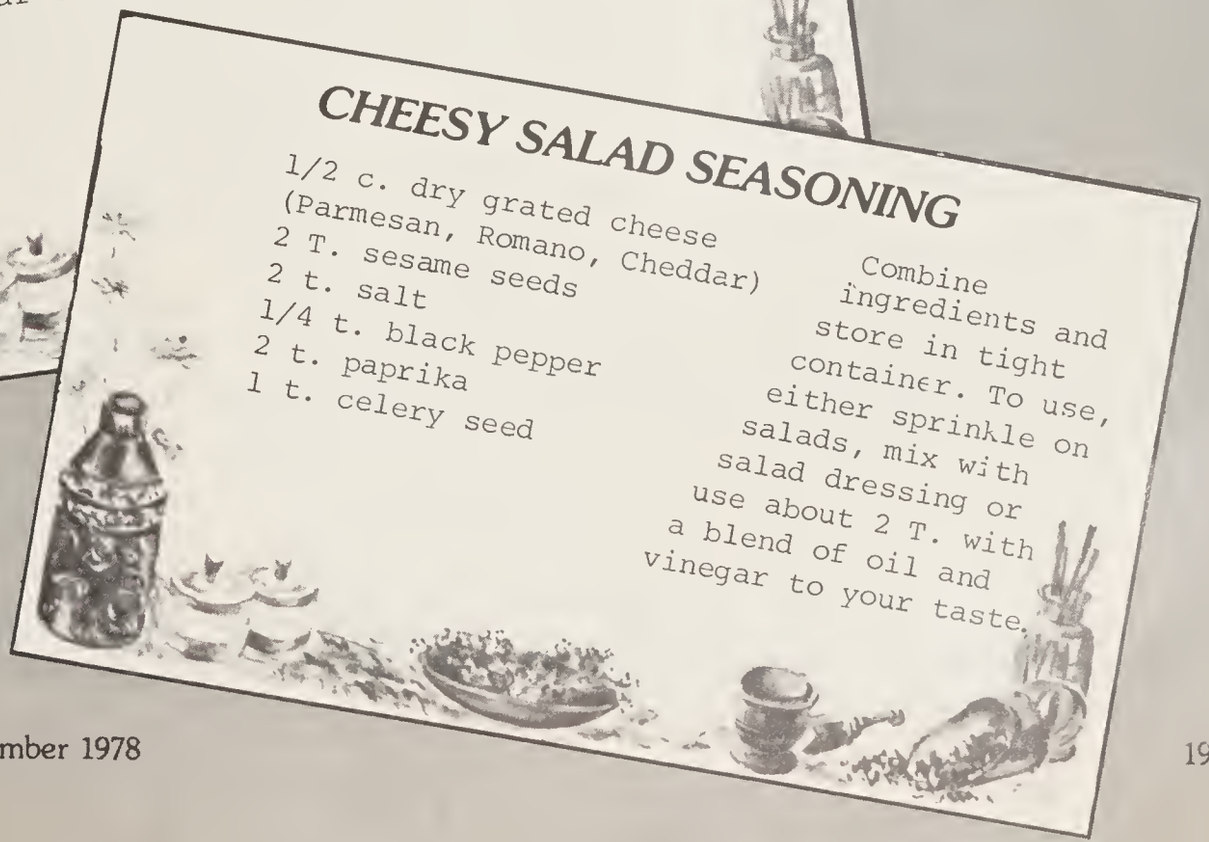
Mix, store in tightly closed containers. Also makes one cup.



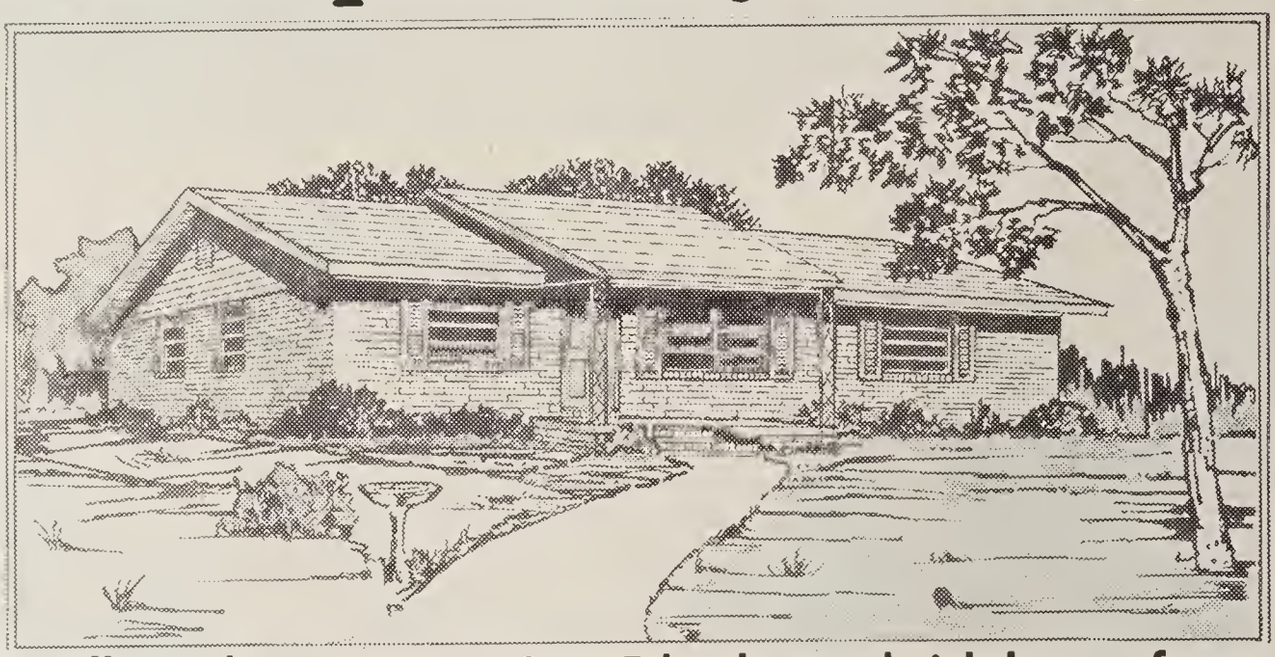
CHEESY SALAD SEASONING

1/2 c. dry grated cheese (Parmesan, Romano, Cheddar)
2 T. sesame seeds
2 t. salt
1/4 t. black pepper
2 t. paprika
1 t. celery seed

Combine ingredients and store in tight container. To use, either sprinkle on salads, mix with salad dressing or use about 2 T. with a blend of oil and vinegar to your taste.



Remember when coming home was the best part of your day?



It still can be in a new 2 to 5 bedroom brick home from

American Family Homes

Priced From $16,400-$26,100

GOOD FINANCING • LOW DOWN PAYMENT • EASY MONTHLY TERMS

Built on your lot anywhere in the Carolinas

Outside utilities and landscaping by owner. (Porch optional.)

MODEL HOMES OPEN: Mon.-Fri. 9-5 • Sat. 10-5 • Sun. 1-6

- Charlotte (704) 568-6884 — Located on Independence Blvd. U.S. 74-Approx. 7 Miles East of Coliseum
- Greensboro (919) 697-0440 — Located on Mt. Hope Church Rd. One Block South Of I-85
- Fayetteville (919) 323-5991 — Located at 1813 Clinton Rd. H'way 24 East at City Limit Sign
- Morehead City (919) 726-5297 — Call this number for directions

FOR YOUR FREE BOOK OF FLOOR PLANS MAIL THIS COUPON TO
AMERICAN FAMILY HOMES, P.O. Box 220609, Charlotte, N.C. 28222

Name _____ Phone _____

Street _____

City _____ State _____ Zip _____

I own a lot? YES ☐ NO ☐ Located in _____ (City or County) N-7-9

CC-78

Neta Bezalla:
A Master Of Pine Needlecraft

Neta Bezalla looks at a pine tree and sees baskets, purses, napkin rings, totes, trays, jewelry, place mats, vases and picture frames, not as products of the wood, but of the needles.

Mrs. Bezalla, a master of pine needlecraft, describes it as "an elaborate version of an old Indian craft." Pine needlecraft is one of the ancient arts of basket weaving in North America. Today, people are rediscovering this ancient craft of their ancestors.

Always an avid craft enthusiast, Mrs. Bezalla learned pine needlecraft through her Extension Homemakers Club. "I just had to try it," she said.

Her first project was a handbag. "An advanced piece, and not a good one for a beginner," she confesses, "but it's what I wanted. I just touch it up a bit every spring and it looks as good as ever."

She and her husband Michael live near Seagrove in Randolph County. She claims to be retired, but this diminutive lady keeps a schedule that would challenge many younger people. A practicing cosmetologist for twelve years, she keeps her license current. "I often fill in a day or two for a friend in Seagrove when she needs a day off or during a busy time."

A Teacher And A Student

For the past five quarters, Mrs. Bezalla has taught beginning Pine Needlecraft for the Continuing Education Department of Montgomery Technical Institute in Troy. She has completed a course in advanced Pine Needlecraft, does all her own housework and cooking, and is a competent student in an oil painting at Montgomery Tech.

She and her students have displayed their creations at craft shows and fall festivals across the state, but very few pieces are for sale. "Of course, we make many gifts for family members and friends," Neta said, "but until you get a lot of things lying around, you don't want to part with them."

Neta Bezalla, left, instructs student.

As with any handcrafted article, each piece is unique. Mrs. Bezalla and her students use books with patterns. "But," she said, "we always make a change somewhere. The books give us ideas, and we go from there."

A Therapeutic Craft

Pine needlecraft is easy to learn, therapeutic and inexpensive, according to Mrs. Bezalla. "Anyone can do it. The secret is in the stitching. I am very careful where I put each stitch." Raffia, an imported palm fiber available in most craft shops, is used for stitching. Mrs. Bezalla has found that dampening the raffia makes it easier to control the stitches.

She says lightly colored, newly fallen pine needles are best to work with. They will darken with age. "I get the longest needles I can find. Then, I wash them in two soapy waters by rubbing them between my hands. This removes dirt and insects from the needles." After thorough rinsing, the needles should be dried fully to prevent mildew. She cuts off the stem end and stores the needles in three inch bundles secured by rubber bands.

Articles are constructed by sewing rows of pine needles together with each row stitched to the row below it. The size of each row is governed by use of a gauge to keep the amount of pine needle constant. Stitches used are basic weaving stitches and the beauty of each item is determined by the expertise of the stitching.

The delicate, lacy look is achieved by using wire frames or shapes and filling in the spaces by weaving with raffia. The frames are also available in craft shops or can be made from flexible wire. Circles, diamonds, and ovals are most readily available, but students have made wire frames for flowers, stars, owls and frogs. Finished articles are covered with several coats of shellac, making them easy to clean. Mrs. Bazella has become more interested in free-form weaving, or weaving without using the wire frames. This gives each piece the more compact look of the Indian craft. She is always experimenting, letting her imagination and sense of style guide her fingers. And she shows no sign of slowing down.

"My hands just won't be still," she said. □

Carolina Country Cooking

Recipe Collection Makes An Ideal Christmas Gift!

Carolina Country Cooking came off the presses almost a year ago to strike a responsive chord with good cooks across North Carolina. Many who ordered copies as Christmas gifts turned right around and wrote us for copies of their own! One lady ordered a second copy after a friend insisted on buying her first! Another called it "a beautiful piece of work."

But, it was the comment of one man who received the book as a gift that might have summed up the most common reaction to *Carolina Country Cooking:* "It's just set my mouth to watering!"

The 150-page cookbook, with 10 thumb-indexed sections, includes recipes submitted by readers of *Carolina Country*. It's bound in a sturdy, plastic notebook binder featuring a full color cover reproduction of "Ella's Cupboard," an original painting by Lexington artist Bob Timberlake.

Order Your Gift Copies Today!

Please send me _____ copies of *Carolina Country Cooking* at $5.95 each (handling and tax included). Enclosed is my check or money order for $ _____ . Make all checks or money order payable to *Carolina Country Cooking* and send, **with this order form**, to CAROLINA COUNTRY COOKING, P.O. BOX 27306, Raleigh, N.C. 27611.

Name _____

Street or
Rural Route _____

City _____

State _____ Zip _____

The music begins softly, with the male voice offering an upbeat tribute to "the North Carolina kinda kindness" and people who're "down to earth but reaching for the moon."

It should be a familiar lyric by now, but 15 months ago it was a new sound on the Tar Heel airwaves — a sort of musical pledge of allegiance to the Old North State. The song, "I Like Callin' North Carolina Home," became a statewide hit when it began airing as public service spots on radio and television stations across the state in August, 1977.

It was confusing at first to commercial-jaded listeners: Here was a nice little song with a great theme and yet it wasn't selling anything. The TV version was even worse, combining the song with striking visual images of the state's scenic beauty. The viewer just expected a subtle pitch to follow.

In both cases, the song's theme is the pitch: that North Carolina is a good place to live right now and she claims lots of good people who help to make it that way.

The song was put together by professional creative talent led by Chuck Blore of Los Angeles, who has produced many successful musical commercials. The inspiration for it came from Jim Heavner of Chapel Hill, who was then president of the N.C. Association of Broadcasters, with the enthusiastic support of Gov. Jim Hunt.

After Heavner outlined the concept to the governor, $17,000 in state funds were allocated for the production of the spots. When they were previewed for the broadcasters, many made on-the-spot pledges to run them up to 20 times a week. The response grew swiftly, and by the end of 1977, the radio and TV stations had cleared about $1 million in air time for the spots.

"We had a hit song within 30 days," Heavner said. "The response was marvelous. It somehow touched people."

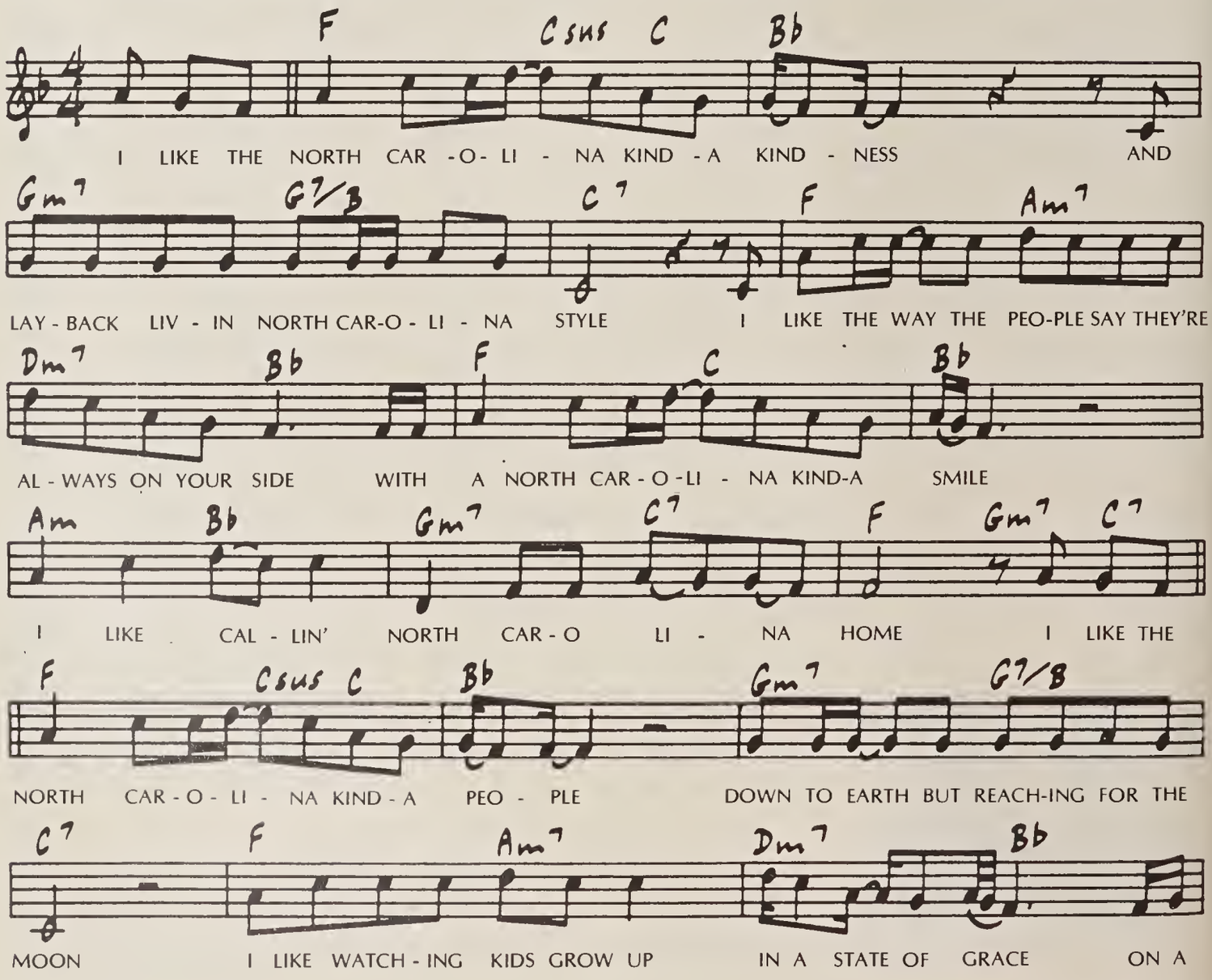
Meanwhile, the song's title became a sort of unofficial state slogan, appearing prominantly on T-shirts throughout the state. In fact, the Tar Heel delegation to the national rural electric "government in action" program in Washington last June proudly wore the T-shirts — and performed the song at a talent show.

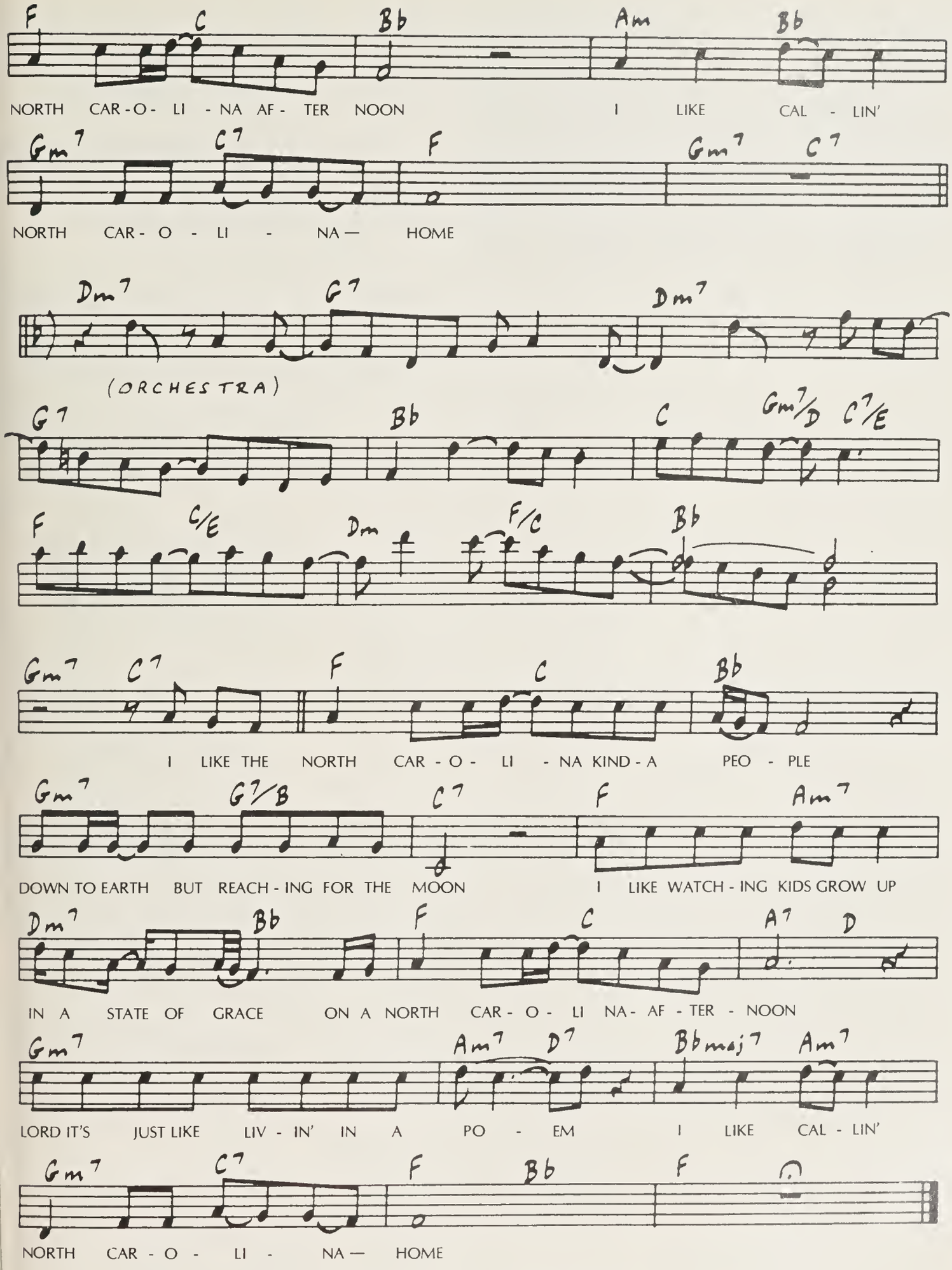
The song has also been used in a second set of spots promoting summer travel in the state. Another set is now in the works to go on the air in January.

"I think the life of this program is about five years and the broadcasters certainly hope to keep it alive," Heavner said.

I Like Callin' North Carolina Home

Words by Chuck Blore and Don Richman

Music by George Morrow

F Csus C Bb
I LIKE THE NORTH CAR - O - LI - NA KIND - A KIND - NESS AND
Gm7 G7/B C7 F Am7
LAY - BACK LIV - IN NORTH CAR-O - LI - NA STYLE I LIKE THE WAY THE PEO-PLE SAY THEY'RE
Dm7 Bb F C Bb
AL - WAYS ON YOUR SIDE WITH A NORTH CAR - O - LI - NA KIND-A SMILE
Am Bb Gm7 C7 F Gm7 C7
I LIKE CAL - LIN' NORTH CAR - O LI - NA HOME I LIKE THE
F Csus C Bb Gm7 G7/B
NORTH CAR - O - LI - NA KIND - A PEO - PLE DOWN TO EARTH BUT REACH-ING FOR THE
C7 F Am7 Dm7 Bb
MOON I LIKE WATCH - ING KIDS GROW UP IN A STATE OF GRACE ON A


F C Bb Am Bb
NORTH CAR-O-LI-NA AF-TER NOON I LIKE CAL-LIN'
Gm7 C7 F Gm7 C7
NORTH CAR-O-LI-NA— HOME
Dm7 G7 Dm7
(ORCHESTRA)
G7 Bb C Gm7/D C7/E
F C/E Dm F/C Bb
Gm7 C7 F C Bb
I LIKE THE NORTH CAR-O-LI-NA KIND-A PEO-PLE
Gm7 G7/B C7 F Am7
DOWN TO EARTH BUT REACH-ING FOR THE MOON I LIKE WATCH-ING KIDS GROW UP
Dm7 Bb F C A7 D
IN A STATE OF GRACE ON A NORTH CAR-O-LI NA-AF-TER-NOON
Gm7 Am7 D7 Bbmaj7 Am7
LORD IT'S JUST LIKE LIV-IN' IN A PO-EM I LIKE CAL-LIN'
Gm7 C7 F Bb F
NORTH CAR-O-LI-NA— HOME

© 1977 CASEY—SUZANNE MUSIC (A.S.C.A.P.)

— MCA RECORD ALBUMS AND TAPES — LIMITED TIME OFFER —

Record Album $5.98 value - Special $2.98 ea. - 8 Track Tape $4.98 ea.

Send Check or Money Order — No C.O.D.'s Add $1.00 to Total Amount for handling and We Pay Postage — FREE CATALOG INCLUDED. Uncle Jim O'Neal, Box A4M NC, Arcadia, California 91006

PATSY CLINE'S GREATEST HITS
MCA-12 ALBUM $2.98
Walking After Midnight; Sweet Dreams; Crazy; I Fall To Pieces; So Wrong; Strange; Back In Baby's Arms; She's Got You; Faded Love; Why Can't He Be You; You're Stronger Than Me; Leavin' On Your Mind.
8 TRACK TAPE - MCAT-12 $4.98

JERRY CLOWER - MCA-486 ALBUM $2.98
Live In Picayune; Physical Examination; The Plumber; Bird Huntin' At Uncle Versie's; Marcel's Snuff; The Trazan Movie; Rattlesnake Roundup; Aunt Penny Douglas; A Box For Clovis; Marcel Ledbetter Moving Company; The Coon Huntin' Monkey; Marcel's Old Goose; Uncle Versie's Horse; The Chain; Marcel's Hair Growing Secret; Hot Apple Pie; Soppin' Molasses; Newgene's 4-H Trip; What's His Number; Conterfeiters; You're Fixin' To Mess Up.
8 TRACK TAPE - MCAT-486 $4.98

JIMMY DAVIS - MCA-150 ALBUM $2.98
Supper Time; My God Is Real; I'd Rather Have Jesus; Long Long Journey; Oh, Why Not Tonight; Where He Leads Me I Will Follow; When The Master Speaks; Battle Hymn Of The Republic; There Is A Fountain; When I Move To The Sky; Someday There'll Be No Tomorrow; What A Friend.
8 TRACK TAPE - MCAT-150 $4.98

JIMMY DAVIS' GREATEST HITS
MCA-269 ALBUM $2.98
I Wouldn't Take Nothin' For My Journey Now; How Great Thou Art; One More Valley; Someone To Care; Wasted Years; Supper Time; When God Dips His Love In My Heart; Taller Than Trees; Who Am I; Near The Cross; His Marvelous Grace.
8 TRACK TAPE - MCAT-269 $4.98

RED FOLEY - BEYOND THE SUNSET
MCA-147 ALBUM $2.98
Beyond The Sunset; Should You Go First; Peace In The Valley; Steal Away; Just A Closer Walk With Thee; Our Lady Of Fatima; The Place Where I Worship; Someone To Care; The Rosary; Will The Circle Be Unbroken; Old Pappy's New Banjo; I Hear A Choir; When God Dips His Love In My Heart.
8 TRACK TAPE - MCAT-147 $4.98

RED FOLEY - MCA-86 ALBUM $2.98
I'll Fly Away; The Last Mile Of The Way; No Tears In Heaven; Were You There?; This World Is Not My Home; My Soul Walked Through The Darkness; I Just Can't Keep From Cryin'; Lord I'm Coming Home; Only One Step More; Stand By Me; Farther Along; Life's Railway To Heaven.
8 TRACK TAPE - MCAT-86 $4.98

LIONEL HAMPTON'S FAVORITES
MCA-204 ALBUM $2.98
Flying Home; Everybody's Somebody's Fool; How High The Moon; Blow-Top Blues; Midnight Sun; AirMail Special; Hamp's Boogie Woogie; Red Top; Gone Again; New Central Avenue Breakdown; Hey! Ba-Ba-Re-Bop; Rockin' In Rhythm.
8 TRACK TAPE - MCAT-204 $4.98

WOODY HERMAN'S GOLDEN FAVORITES
MCA-219 ALBUM $2.98
Woodchopper's Ball; The Golden Wedding; Who Dat Up Dere; Yardbird Shuffle; Down Under; Indian Boogie Woogie; Blue Flame; Four Or Five Times; Irresistible You; Chips' Boogie Woogie; Las Chiapanecas; Woodsheddin' With Woody.
8 TRACK TAPE - MCAT-219 $4.98

LORETTA LYNN - MCA-113 ALBUM $2.98
Don't Come Home A Drinkin' With Lovin' On Your Mind; I Really Don't Want You To Know; Tomorrow Never Comes; There Goes My Everything; The Shoe Goes On The Other Foot Tonight; Saint To A Sinner; The Devil Gets His Dues; I Can't Keep Away From You; I'm Living In Two Worlds; Get What 'Cha Got And Go; Making Plans; I Got Caught.
8 TRACK TAPE - MCAT-113 $4.98

LORETTA LYNN - HYMNS
MCA-5 ALBUM $2.98
Everybody Wants To Go To Heaven; Where No One Stands Alone; When They Ring Those Golden Bells; Peace In The Valley; If I Could Hear My Mother Pray Again; The Thind Man; How Great Thou Art; Old Camp Meetin' When I Hear My Children Pray; In The Sweet Bye And Bye; Where I Learned To Pray; I'd Rather Have Jesus.
8 TRACK TAPE - MCAT-5 $4.98

LORETTA LYNN - MCA-6 ALBUM $2.98
You Ain't Woman Enough; Put It Off Until Tomorrow; These Boots Are Made For Walkin'; God Gave Me A Heart To Forgive; Keep Your Change; Someone Before Me; The Darkest Day; Tippy Toeing; Talking To The Wall; A Man I Hardly Know; Is It Wrong; It's Another World.
8 TRACK TAPE - MCAT-6 $4.98

LORETTA LYNN and CONWAY TWITTY
MCA-8 ALBUM $2.98
It's Only Make Believe; We've Closed Our Eyes To Shame; I'm So Used To Loving You; Will You Visit Me On Sunday; After The Fire Is Gone; Don't Tell Me You're Sorry; Pickin' Wild Mountain Berries; Take Me; The One I Can't Live Without; Hangin' On; Working Girl.
8 TRACK TAPE - MCAT-8 $4.98

LORETTA LYNN - MCA-7 ALBUM $2.98
Who Says God Is Dead; I Believe; Standing Room Only; The Old Rugged Cross; Harp With Golden Strings; If You Miss Heaven; I'm A 'Gettin' Ready To Go; In The Garden; Ten Thousand Angels; He's Got The Whole World In His Hands; Mama, Why.
8 TRACK TAPE - MCAT-7 $4.98

SAMMY KAYE - MCA-191 ALBUM $2.98
Harbor Lights; Walkin' To Missouri; Penny Serenade; Atlanta, G.A.; Roses; Laughing On The Outside (Crying On The Inside); It Isn't Fair; Chickery Chick; I'm A Big Girl Now; Blueberry Hill; Room Full Of Roses; The Old Lamp-Lighter.
8 TRACK TAPE - MCAT-191 $4.98

WAYNE KING - MCA-94 ALBUM $2.98
The Waltz You Saved For Me; Josephine; Now Is The Hour; Near You; Dancing With Tears In My Eyes; Lonesome; That's All; Goofus; Where The Blue Of The Night Meets The Gold Of The Day; Together; True Love; Deep Purple; Meet Me Tonight In Dreamland.
8 TRACK TAPE - MCAT-94 $4.98

TED LEWIS - MCA-258 ALBUM $2.98
When My Baby Smiles At Me; She's Funny That Way; Just Around The Corner; The Sweetheart Of Sigma Chi; The Old St. Louis Blues; Tiger Rag; Wear A Hat With A Silver Lining; Down The Old Church Aisle; I'm The Medicine Man For The Blues; King For A Day; Three O'Clock In The Morning; Good Night.
NO TAPE AVAILABLE

GUY LOMBARDO - MCA-103 ALBUM $2.98
MEDLEY'S: Blues In The Night; The Birth Of The Blues; I Gotta Right To Sing The Blues; Memories; Let The Rest Of The World Go By; My Secret Love; Love Nest; Love Is The Sweetest Thing; Something To Remember You By; The Very Thought Of You; You're My Everything; Kiss Me Again; A Kiss In The Dark; I'll See You Again; By The Light Of The Silvery Moon; Shine On Harvest Moon; Moonlight Bar; As Time Goes By; Bidin' My Time; Breezin' Along With The Breeze; I Want To Be Happy; I'm Looking Over A Four Leaf Clover; Happy Days Are Here Again; April Showers; September In The Rain; I Only Have Eyes For You; If I Could Be With You; It Had To Be You; In A Shanty In Old Shanty Town; Three Little Words; Baby Face; Somebody Loves Me; Don't Take Your Love From Me; What Is This Thing Called Love.
8 TRACT TAPE - MCAT-103 $4.98

JIMMY MARTIN - MCA-96 ALBUM $2.98
Prayer Bells Of Heaven; Goodbye; Give Me Roses Now; What Would You Give In Exchange; Voice Of My Savior; Shut In's Prayer; This World Is Not My Home; Pray The Clouds Away; Lord I'm Coming Home; Give Me Your Hand; Little White Church; God Guide Our Leaders Hand.
8 TRACK TAPE - MCAT-96 $4.98

JIMMY MARTIN - MCA-137 ALBUM $2.98
Singing All Day And Dinner On The Ground; Lift Your Eyes To Jesus; My Lord Keeps A Record; God Is Always The Same; When The Savior Reached Down For Me; Shake Hands With Mother Again; Help Thy Brother; A Beautiful Life; Stormy Waters; Hold To God's Unchanging Hand; Little Angels In Heaven.
8 TRACK TAPE - MCAT-137 $4.98

WEBB PIERCE - MCA-120 ALBUM $2.98
In The Jailhouse Now; Slowly; I Ain't Never; Wondering; There Stands The Glass; If The Back Door Could Talk; Tupelo County Jail; I Don't Care; Alla My Love; Don't Do It, Darlin'; Missing You.
8 TRACK TAPE - MCAT-120 $4.98

MILLS BROTHERS - MCA-188 ALBUM $2.98
Paper Doll; I'll Be Around; You Tell Me Your Dreams, I'll Tell You Mine; Till Then; You Always Hurt The One You Love; Don't Be A Baby, Baby; Across The Alley From The Alamo; Be My Life's Companion; The Glow Worm; Queen Of The Senior Prom; Smack Dab In The Middle; Opus One.
8 TRACK TAPE - MCAT-188 $4.98

BILL MONROE - I'LL MEET YOU IN CHURCH SUNDAY MORNING
MCA-226 ALBUM $2.98
I'll Meet You In Church Sunday Morning; Drifting Too Far From The Shore; Master Builder; I Found The Way; We'll Understand It Better; Let Me Rest At The End Of The Journey; Going Home; One Of God's Sheep; Way Down Deep In My Soul; On The Jericho Road; Farther Along; The Glory Land Way.
8 TRACK TAPE - MCAT-226 $4.98

BILL MONROE - MCA-131 ALBUM $2.98
Let The Light Shine Down On Me; Lord Protect My Soul; Wait A Little Longer Please Jesus; A Voice From On High; I'm Workin On A Building; Don't Put Off Till Tomorrow; He Will Set Your Fields Afire; Get Down On Your Knees And Pray; Boat Of Love; Walkin In Jerusalem Just Like John; River Of Death.
8 TRACK TAPE - MCAT-131 $4.98

RUSS MORGAN - MCA-92 ALBUM $2.98
Does You Heart Beat For Me; The Object Of My Affection; Do You Ever Think Of Me; Cruising Down The River; Linger Awhile; Stumbling; The Wang Wang Blues; So Tired; Josephine; You're Nobody Till Somebody Loves You; Wabash Blues; Johnson Rag; Dogface Soldier.
8 TRACK TAPE - MCAT-92 $4.98

OSBORNE BROTHERS - HYMNS
MCA-125 ALBUM $2.98
I Bowed On My Knees And Cried "Holy"; How Great Thou Are; Rock Of Ages; Steal Away And Pray; I Pray My Way Out Of Troubles; Will You Meet Me Over Yonder; Light At The River; What A Friend We Have In Jesus; Medals For Mothers; Jesus Sure Changed Me; Where We'll Never Grow Old.
8 TRACK TAPE - MCAT-125 $4.98

ERNEST TUBB - MCA-16 ALBUM $2.98
Walking The Floor Over You; Rainbow At Midnight; Let's Say Goodbye Like We Said Hello; Another Story; Thanks A Lot; Half A Mind; I'll Get Along Somehow; Walk Across Texas; It's Been So Long Darling; Mr. Juke Box; I Wonder Why You Said Goodbye.
8 TRACK TAPE - MCAT-16 $4.98

ERNEST TUBB - MCA-84 ALBUM $2.98
I'll Get Along Somehow; Slipping Around; Filipino Baby; When The World Has Turned You Down; Have You Ever Been Lonely; There's A Little Bit Of Everything In Texas; Walking The Floor Over You; Driftwood On The River; There's Nothing More To Say; Rainbow At Midnight; I'll Always Be Glad To Take You Back; Let's Say Goodbye Like We Said Hello.
8 TRACK TAPE - MCAT-84 $4.98

KITTY WELLS -DUST ON THE BIBLE
MCA-149 ALBUM $2.98
Dust On The Bible; I Dreamed I Searched Heaven For You; Lonesome Valley; My Loved Ones Are Waiting For Me; I Hear My Savior Call; The Great Speckled Bird; We Will Set Your Fields On Fire; We Buried Her Beneath The Willows; One Way Ticket To The Sky; I Need The Prayers; Matthew Twenty-Four; Lord I'm Coming Home.
8 TRACK TAPE - MCAT-149 $4.98

KITTY WELLS - MCA-121 ALBUM $2.98
It Wasn't God Who Made Honky Tonk Angels; This White Circle; Mommy For A Day; Release Me; I Gave My Wedding Dress Away; Amigo's Guitar; Heartbreak U.S.A.; I'll Reposess My Heart; Password; Searchin; Making Believe.
8 TRACK TAPE - MCAT-121 $4.98

KITTY WELLS AND RED FOLEY
MCA-83 ALBUM $2.98
One By One; Just Call Me Lonesome; As Long As I Live; A Wedding Ring Ago; Make Believe; Candy Kisses; You And Me; Memories Of A Love; I'm A Stranger In My Home; I'll Throwing Rice; No One But You; I'm Coun ing On You.
8 TRACK TAPE - MCAT-83 $4.98

Dreams do come in economy packages.

Like Freedom Family homes. We'll build you one that meets Federal Housing and VA specifications and is completely finished and ready to move into. 2, 3, 4 and 5 bedroom models with 1 and 2 baths are available. All you need to start is clear title to your land and $100 down. First class workmanship and materials are guaranteed. Options include fireplace, central air, carport with outside storage, and brick veneer.

Costs? Here's an example: 3-bedroom house $28,072. 360-month conventional financing at 10¼% annual percentage rate. Payments: $250.00 per month.

Freedom Family Homes

P. O. Box 618, Dunn, NC 28334 (919) 892-1231

Freedom Family Homes
P. O. Box 618, Dunn, NC 28334

Please send your information kit.

Name _____

Address _____

City/State _____

Zip _____ Phone _____

I ( )do, ( )do not own, ( )plan to purchase a lot.

Directions to my home. _____

_____

Put cozy heat in. Keep it in.

With an energy-saving fireplace.

With insulation-backed siding.

Have the fireplace you've always dreamed of. Now. Before heating costs rise. And what a lovely Christmas present for the whole family!

Siding that's backed with the equal of 3 inches of extra insulation is a real money saver. It keeps winter warmth in and summer heat out. It's weather resistant, requires no maintenance, always looks fresh and new.

Our quality workmanship and materials are fully guaranteed. Estimates without charge or obligation.

HOME IMPROVEMENTS
dan sorrell

P.O. Box 35383, Fayetteville, NC 28303 (919) 868-4486

I'd like a free estimate on: ( ) fireplace, ( ) siding, ( ) insulation, ( ) room or bath addition, ( ) deck.

Name _____ Phone _____

Address _____

City/State _____ Zip _____

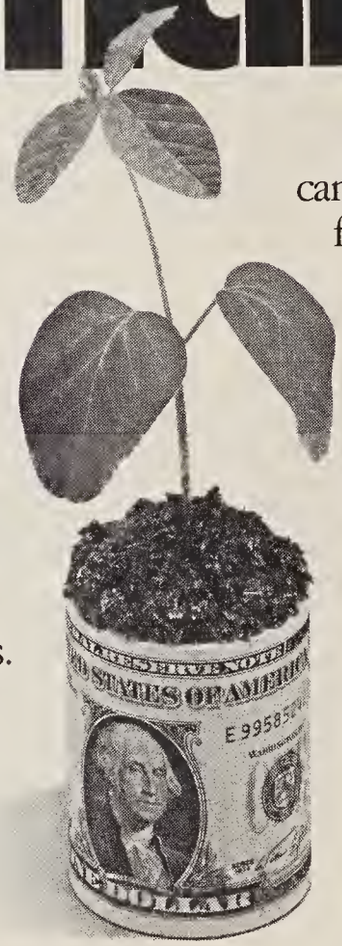
Best time to call me for appointment _____

The first and last word in agricultural financing...

The first and last words in agricultural financing are "Farm Credit."

The Farm Credit System is a unique blend of practical experience and knowledge. We are experienced in agriculture because we are owned and controlled by farmers and their cooperatives. We know financing because we employ the best financial professionals. We've served all phases of agriculture with sound, dependable financing longer and better than anyone else, because that's our business.

Land Bank Associations can provide capital on a long-term basis for farmers and farm families, while PCA's offer short and intermediate-term capital for these needs. The Columbia Bank for Cooperatives provides capital to meet the needs of farmer cooperatives.



When you need capital, talk to the folks at Farm Credit. We know how to best apply agricultural financing to each situation to help turn problems into opportunities.

That's why the best words to describe agricultural financing are "Farm Credit."

But don't just take our word for it—ask your neighbors!

Federal LAND BANK Association
Long-term Farm Credit

Bank for Cooperatives
Financing for Farmer Cooperatives

Production Credit Association
Short and Intermediate-term Farm Credit

FARM CREDIT SERVICE

Production Credit Association | Federal Land Bank Association | Bank for Cooperatives

Production Credit Association office locations In North Carolina

Ahoskie
Albemarle
Asheboro
Asheville
Boone
Burgaw
Burnsville
Carthage
Cherryville
Clinton
Concord
Dunn
Edenton
Elizabeth City
Elizabethtown
Ellerbe
Fairmont
Fayetteville
Franklin
Fuquay-Varina
Goldsboro
Graham
Greensboro
Greenville
Henderson
Hendersonville
Hillsborough
Jacksonville
Kenansville
Kinston
Laurinburg
Lenoir
Liberty
Lillington
Louisburg
Lumberton
Marshall
Monroe
Mocksville
Murphy
Nashville
New Bern
Newton
Oxford
Pilot Mountain
Plymouth
Raeford
Raleigh
Reidsville
Rocky Mount
Roxboro
Rutherfordton
Salisbury
Sanford
Shallotte
Shelby
Siler City
Smithfield
Snow Hill
Statesville
Swan Quarter
Tarboro
Taylorsville
Trenton
Wadesboro
Warrenton
Washington
Waynesville
Weldon
Whiteville
Williamston
Wilson
Windsor
Winston-Salem
Yadkinville
Yanceyville

Federal Land Bank Association office locations in North Carolina

Ahoskie
Albemarle
Asheboro
Asheville
Boone
Burgaw
Burnsville
Carthage
Clinton
Concord
Elizabeth City
Elizabethtown
Ellerbe
Fayetteville
Franklin
Fuquay-Varina
Goldsboro
Graham
Greensboro
Greenville
Henderson
Hendersonville
Hillsborough
Jacksonville
Jefferson
Kenansville
Kinston
Lenoir
Liberty
Lillington
Lincolnton
Louisburg
Lumberton
Marshall
Mocksville
Monroe
Murphy
New Bern
Oxford
Pilot Mountain
Plymouth
Raleigh
Reidsville
Roxboro
Rutherfordton
Sanford
Shallotte
Shelby
Siler City
Smithfield
Statesville
Swan Quarter
Tarboro
Wadesboro
Warrenton
Washington
Waynesville
Whiteville
Wilkesboro
Williamston
Wilson
Windsor
Winston-Salem
Yadkinville
Yanceyville

Columbia Bank for Cooperatives
District office
P. O. Box 1493
Columbia, S. C.
29202
Telephone
(803) 799-5000

Tobacco Show Set For Nov. 14-16

The latest in farm products and equipment will be on display at the Farmers Tobacco Warehouse in Greenville, N.C., as part of the third annual Tobacco Farmer Show, Nov. 14-16.

This show, the largest indoor display of farm products and equipment in the Southeast, will be open to the public without charge.

"What we're trying to do is bring the newest and most up-to-date tools for producing tobacco and many other crops — including swine — where farmers can take a critical look at them," says Jim Swindell, manager of the show, which is sponsored by *The Flue Cured Tobacco Farmer*, a Specialized Agricultural Publications magazine.

Visitors will have a chance to see chemical, fertilizer, seed and equipment displays and talk with various company representatives who will be on hand.

"Last year we had over 190 exhibits in the 5.5-acre warehouse — all of real interest to farmers and their families," he added.

One highlight of the show will be an appearance Nov. 14 by P. R. "Bobby" Smith, the Barrow County, Ga., native who's serving as assistant secretary of agriculture in Washington. The commissioners of agriculture of the five flue-cured producing states are scheduled to speak Nov. 15.

And there will be plenty of light-hearted moments too. Jerry Clower, the popular country comedian, will take the stage Nov. 14. Country singer Don Williams will entertain Nov. 16.

Meanwhile, the city of Greenville will be holding its Southern Flue-Cured Tobacco Festival concurrently.

In addition, one lucky farmer will receive a Long Rotary Tiller free as a door prize. □

Chain Saw Parts

First Quality • Guaranteed • Shipped Promptly

Beat inflation! Take advantage of this special price rollback to buy a loop of chain, guide bar or sprocket for your saw at 1974 prices! (about 25% less than '78 prices!) Or SAVE EVEN MORE ON A COMPLETE NEW 3-PIECE SET! This is a time-limited offer, so send your order today.

For Saws with cutting length of:	Loop Chains	Hardnose or Sprocketnose Bar	Sprocket	3-PIECE SET: Chain, Bar & Sprocket
LIGHTWEIGHT AND STANDARD-WEIGHT SAWS:				
10"-12"	$10.00	$17.00	$5.00	**$28.80**
13"-14"	$11.00	$18.50	$5.00	**$31.05**
15"-16"	$12.00	$20.50	$5.00	**$33.75**
17"-20"	$14.00	$23.25	$5.00	**$38.25**
21"-24"	$16.00	$28.00	$5.00	**$44.10**
25"-28"	$18.00	$31.75	$5.00	**$49.30**

MINI-SAWS: (Usually weigh 10 lbs. or less with chain, bar, sprocket, gas & oil)

	3/8" Mini-Chain	Speedtip Bar	3/8" Mini-Sprocket	3-PIECE SET
11"-12"	$ 9.25	$11.25	$5.00	**$23.20**
13"-14"	$10.95	$13.50	$5.00	**$26.75**
15"-16"	$11.95	$15.95	$5.00	**$29.85**

Lightweight & Standard Saws: Chain is long-wearing, fast-cutting, chipper style in 3/8", .404", 7/16", or 1/2" pitch. Bars are your choice of hardnose or sprocketnose as available.

Mini-Saws: Guide bar is economical laminated construction with speedtip nose. Chain is 3/8" pitch mini-chain. If your saw is now equipped with 1/4" pitch chain, you should also order a 3/8" sprocket as chain and sprocket must match.

When you order
Add $1.35 to total order for shipping. Enclose this ad. Tell us saw make and model, chain pitch or number of drive links, and bar cutting length. Send check, money order or $2 COD deposit. To charge to Visa or Master Charge, give expiration date and numbers on your card.

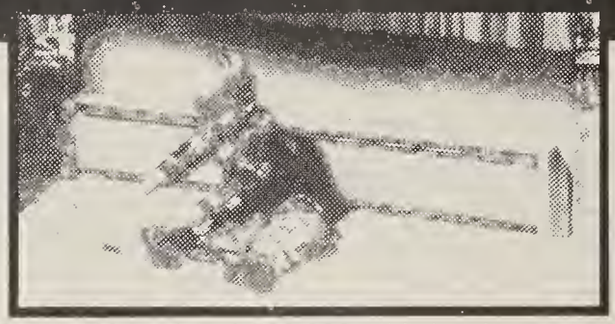
Toll-Free Orders
For Visa, Master Charge or COD orders only. California residents phone 1-800-952-5535. In rest of continental U.S. phone 1-800-824-5157 (7 AM to 5 PM Pacific Time Mon-Fri). Tell us you are ordering from ad no. X68.

ZIP-PENN Inc.
Box 4034-X68
Tallahassee, FL 32303
(1372C Blountstown Hwy.)

FREE CATALOG **Save to 40% on all types of chain saw parts, accessories, attachments, also service tools and small engine parts. Write today to Zip-Penn, Dept. X68, Box 6329, Erie, PA 16512.**

How to Keep Warm All Winter While Saving Money on Your Heating Bills

INTERTHERM
HOT WATER ELECTRIC BASEBOARD HEATING



Provides
HOT WATER HEAT WITHOUT PLUMBING

More than 1,500,000 sold already.

Here's one of the most revolutionary improvements in heating since Benjamin Franklin invented the first heating stove! For an entire home — only rooms in use — or only one room. It's the INTERTHERM Hot Water Electric Baseboard Heating System that provides hot water heat without plumbing.

The INTERTHERM System provides luxurious, uniform, floor-to-ceiling warmth such as your family has never enjoyed before. And in coldest, blustery weather. In addition, it can substantially reduce your heating bills.

How It Reduces Heating Bills. Whether you have grown-up children living away — or young children living at home — very likely there are rooms in your home that are never, or seldom, used. If so, heat is wasted in those rooms every day — just as electricity is wasted when lights are left on in unused rooms. Because with old-fashioned central heating there's no way of controlling heat in unused rooms except by closing the damper or shutting off radiators — which does only part of the job.

The INTERTHERM System of individual hot water electric baseboard heaters in each room of your home enables you to heat only rooms being used — saving the cost of heating unused rooms — as there is an individual thermostat in each room operating independently of the thermostats in other rooms. And if you want to heat more, or all, the rooms — you simply set the thermostats in more rooms.

Your INTERTHERM System Will Blanket Your Entire Home — a Limited Area — or a Single Room — With Luxurious, Soft, Gentle Warmth Only Hot Water Can Produce. Uniform, floor-to-ceiling warmth. Without drafts, cold floors or too-hot, too-cold periods. Tests made in severely-cold weather showed only 2° to 3° difference between floor and ceiling warmth.

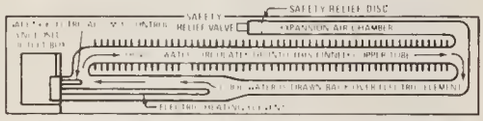
Safe, Clean, Silent, Healthful Heat. INTERTHERM Heaters do not cause a fire, scorch drapes, burn children or pets. Do not carbonize lint and dust particles in the air. Are absolutely silent. And as they produce no combustion fumes — have been recommended by many allergists.

Costs Less to Install than Central Heating — Requires No Maintenance. Because there's no boiler, burner, furnace, pipes, ducts, flues, chimney, blower, fuel tank or bin. And no moving parts to get out of order.

Patented, Unique Design Makes It Possible. Every INTERTHERM Heater has a permanently-sealed-in electric heating element and a water-antifreeze solution, as shown by the diagram below. Electricity heats the water-antifreeze — which, in turn, heats the room. Then shuts off by a pre-set thermostat. The water-antifreeze continues heating the room with the electricity off — saving electricity. Furthermore, the temperature of the water-antifreeze varies with the outdoor temperature to provide a most comfortable, modulated, floor-to-ceiling warmth with another saving in electricity. UL listed.

Don't go through another winter with high heating bills and uneven heat when — in just one day's time! — you can have wonderful clean comfortable Intertherm heat throughout your entire home or any room desired. Send coupon or visit, phone nearest distributor below for full details today.

INTERTHERM INC.; Dept. 000000
3800 Park Ave. St. Louis, Mo. 63110



MAIL COUPON FOR FULL INFORMATION!

INTERTHERM INC., Dept. CCC—118
3800 Park Ave., St. Louis, Mo. 63110

☐ Please send me FREE brochure which gives full information and prices.
☐ Enclosed are room measurements, or plans, of home I plan to build or remodel. Send me FREE, without obligation, a Factory Engineered Heating Layout.

Name _____ Phone _____
Address _____ Zip _____
City _____ State _____

Available from these fine INTERTHERM Distributors:

Electric Supply of Asheville
157 Asheland Avenue
Asheville, NC 28802
Ph: (704) 255-8899

The Jordan Company
1701 E. Ehringhaus
Elizabeth City, NC 27909
Ph: (919) 355-2947

Central Electric Supply
772 4th Street, S.W.
Hickory, NC 28601
Ph: (704) 322-4330

Hunt Electric Supply Co.
Maple Avenue
Burlington, NC 27215
Ph: (919) 277-2043

Macon County Supply Co., Inc.
186 Depot Street
Franklin, NC 28734
Ph: (704) 524-6267

Moore Supply Co. Inc.
2501 Atlantic Avenue
Raleigh, NC 27611
Ph: (919) 834-1661

Carolina Heating Supply Co.
1501 N. Graham Street
Charlotte, NC 28232
Ph: (704) 334-9741

Industrial Electrics, Inc.
1018 Arnold Street
Greensboro, NC 27406
Ph: (919) 274-3251

Electric Wholesale Co.
1419 S. Main Street
Salisbury, NC 28144
Ph: (704) 633-9131

092978 E—4904

Mailbox

I would like to express my appreciation to you for reprinting my article on federal spending in the current (September) issue of your splendid magazine.

At a time when government is operating far beyond its means, I feel that informing the public that there are steps that can be taken to rescue the situation is worthwhile service. Certainly everyone who feels that inflation and taxes are taking too big a bite from their income will be interested.

I feel you are performing a fine service with *Carolina Country* and I congratulate you on its quality.

U.S. Senator Robert Morgan
Washington

You're doing a good job with your magazine. My husband and I "fight" over it at the mailbox.

Elizabeth Simpson Smith
Rt. 1, Iron Station

The first item in the "Cheer" column on page 26 (August issue) is pitiful and offensive. It's pitiful that a child should learn from his father to take the name of God in vain instead of in reverence. It's also pitiful to try to make a joke out of the situation. As editor of a magazine that enjoys general, unsolicited distribution, you ought to have more respect for your readers who love God than to print something like that.

Dale Carlisle
Rt. 1, Autryville

I am a student at Appalachian State University. Recently, I saw a copy of *Carolina Country* in the home of an older friend. She informed me that my family should be receiving the magazine at home. Since we don't receive it, I would be delighted to receive it here at college. I thought it was very interesting and educational. For instance, I read and learned about the windmill project here in Boone. It's been right here, and I didn't even know what it was for!

Myra Thomas
ASU, Boone

As our letter to you indicates, subscriptions to Carolina Country are available at a rate of $1.50 per year for individuals who do not receive it as part of their membership in an Electric Membership Corporation. □

ID Program Seeks To Reduce Rural Thefts

A statewide effort to mark farm equipment with identification numbers is being launched in North Carolina as a means of reducing thefts in rural areas.

In announcing the new program, Gov. Jim Hunt declared farm-related thefts to be "big business" in North Carolina. "Out of the 33 counties that we've surveyed so far, thefts of farm products in the last 18 months amounted to more than $1 million."

He noted that stolen farm property is restored to original owners in only one of every 10 cases.

The identification program will provide 10-digit numbers which can be stamped on vehicles and other equipment. In the event these items are stolen, the number will identify the owner, his state and county for law enforcement authorities.

Each county's sheriff's office will assign the numbers to program participants. The individual takes his number to the local Farm Bureau office to get an engraving pencil or a marking stamp with that number on it. The marking stamp is a die that can cut numbers into machinery with the tap of a hammer.

Farmers can also obtain identification confetti — tiny pieces of paper bearing the ID number — to mix with stored grain or soybeans.

North Carolina is the 29th state to establish such a program. It is coordinated nationally by the National Crime Information Center, which has a central computer bank for law enforcement officers.

The program is open to anyone who's interested, not just farmers, said John Sledge, president of the North Carolina Farm Bureau Federation. He said owners of construction equipment are also being especially urged to take advantage of the program.

"Out of the 33 counties that we've surveyed so far, thefts of farm products in the last 18 months amounted to more than $1 million."
—Gov. Jim Hunt

A charge will be assessed for the service, but it has not yet been set.

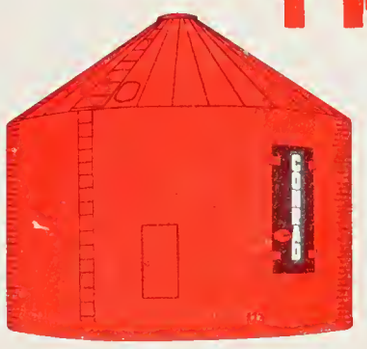
The Farm Bureau organization is sponsoring the program in cooperation with the FBI, the state's sheriffs' association, the state Department of Agriculture, and Agricultural Extension Service, the Department of Crime Control and Public Safety, the Department of Justice, the state's crime prevention officers organization and the Farm Equipment Dealers Association.

GRAIN/LIVESTOCK FARMERS/COMMERCIAL GROWERS

DON'T PUT IT OFF. PUT IT UP.

BUY A **BIG RED** AUTOMATIC DRYER NOW

GET A MATCHED CAPACITY STORAGE BIN **FREE**



"Your grain tells this dryer what to do."

The completely automatic Big Red machines feature a three temperature sensor control, so sensitive that it will not scorch even rice. These dryers are available in capacities ranging from 160 to 600 Bu. Hr., provide a more efficient 10-inch drying column, and are easily adaptable to all crops and circumstances.

The matched capacity Conrad storage bins, supplied free by the manufactures of Big Red dryers, feature a 40" oversize filler hole, an extra large oblong manhole, and a preassembled door assembly with three grain-tight inner doors.

GRAIN ENGINEERING, Inc. 5109 Holly Ridge Drive Raleigh, NC 27612 Phone (919) 782-4284

BEFORE IT'S TOO LATE
Return this coupon for details of how to save yourself a major cash outlay later.
THIS IS A LIMITED TIME OFFER

☐ Please send brochures describing dryers and grain bins.
☐ Please have representative contact me before offer expires.

NAME _____
ADDRESS _____
CITY _____ STATE _____
PHONE _____ ZIP _____

Poet's Corner

The Cycle

Summer's gone ...
Gone is the golden sun of burning rays
And the lazy, listless, restless, days,
Gone are the hazy mountains and the azure seas
And the soft caresses of a summer's breeze,
Gone are the cool, late summer nights
And the bustling, hustling vacation sights.

But winter's here!
And the wind screams with a shrill whistle through naked trees
And ships are tossed on the wild and angry seas,
But children gleefully giggle amid the mounds of snow
And leave impressions of little feet wherever they go,
And marshmallows are roasted over a fire's blaze
Warming cold people from the bleak and stormy days,
And the soft feeling of blankets and a long night gown,
As I watch like a child, the snow coming down ...

But winter also fades
and the spring will come on
And the summer will again burst
But then again be gone.

Leigh Puryear
Greensboro

FREE CATALOG

For a free government catalog listing more than 200 helpful booklets, write: Consumer Information Center, Dept. A, Pueblo, Colorado 81009.

Lane
CLEAR SPAN BUILDING CORP.

Steel has Increased
INVENTORY CLOSE-OUT
(Some models not available)
1-PER COUNTY
Display Buildings Only

Buildings not equipped as shown

SPECIAL PRODUCTION DISCOUNTS

AGRICULTURE – COMMERCIAL			AGRICULTURE		
30x36x8	FRAMED OPENING INC. STEEL I-BEAM CONSTRUCTION	$2,995	30x48x12	FRAMED OPENING INC. STEEL I-BEAM CONSTRUCTION	$2,782
40x42x8		$3,995	40x48x14		$3,787
60x100x14		$10,984	40x72x14		$4,776
70x100x14		$12,995	48x96x14		$6,888
			60x108x15 → PEAKED ROOF		$9,999

Eave height of our buildings from 6' to 24'
Financing – Leasing Available
FACTORIES IN: PENNSYLVANIA, OHIO, INDIANA, IOWA, WISCONSIN, SO. CAROLINA - F.O.B.
Available in buildings 50 to 100 wide sliding doors up to 30 wide.
*Snow and wind loading requirements in certain areas may affect advertised prices.

PLEASE CALL US FOR PRICE GUARANTEES
CALL COLLECT 517-263-8474
CALL TOLL FREE IN MICH. 800-292-0033
CALL TOLL FREE OUTSIDE MICH. 800-248-0065

OR WRITE TO: LANE CLEAR SPAN BUILDING CORP.
P. O. BOX 952 ADRIAN, MICHIGAN 49221
Name_____
Address_____
City_____ State_____
Telephone_____ Zip_____
Date to Build _____ Size____ x ____ x ____
CC-11

This is the House that Jack Built–The Miles Way

Because he couldn't afford a ready-built one!

Jack wanted that home on the hill...with a yard for the kids...a garden...a sewing room for mom. But Jack didn't have the ready cash for a big downpayment. So, he waited...and waited.

Then Jack heard about Miles Homes...the folks who trust ambitious do-it-yourselfers. The folks who say "Your willingness to do the building is more important than a big down payment or a fully paid-for lot."

Miles sent the blueprints, pre-cut materials, step-by-step instructions and assistance in getting some foundation materials Jack needed. Miles kept the monthly payments low while Jack built.

This is the house Jack built...The Miles Way. It can be your way to begin a new life.

Send coupon for full details, today!

There's a representative near you.
In Eastern N.C., Call 919-269-8886
In Western, N.C., Call 404-934-8844

Miles Homes
The Do-It-Yourselfer's Friend

Send me your FREE Great Homes Idea Book
MILES HOMES, Dept. NC-8
3224 Peachtree Rd., Suite 203, Atlanta, Ga. 30305
Name_____
Address_____
City_____ State_____ Zip_____
Phone ( )_____
I plan to do ☐ all ☐ part ☐ none of the work.

When we speak, they listen.

We're not E.F. Hutton. We're Independent Insurance Agents. And the top executives in the biggest insurance companies pay attention to us because they know we work for you, not for them.

Today, most of the property and casualty insurance in force was purchased by people dealing with Independent Insurance Agents. And that gives Independent Agents a lot of influence.

Our economic leverage is increased because we work for our clients, not the companies. How do we use this leverage?

To get our clients the best possible insurance coverage per dollar invested.

To keep the markets available for hard to buy insurance coverage.

To get companies to tailor insurance policies to the needs of our customers.

To get the best possible settlement in the shortest possible time when our clients have a claim.

Yes, insurance companies listen to Independent Insurance Agents.

And we hope you've been listening, too.

YOUR Independent Insurance AGENT SERVES YOU FIRST

INDEPENDENT INSURANCE AGENTS OF NORTH CAROLINA

Post Office Box 1630 / Raleigh, North Carolina 27602

Special Sale! 5 Superior Indoor Plants

HERE'S AN OFFER WE DON'T THINK YOU CAN TURN DOWN —

A sampling from our colorful new 32-Page Full Color Indoor Gardening Catalog. We're offering these plants at a special discount because we want you to try them and see for yourself the fine quality and plant variety that is available from Burgess.

Burgess has been in the business of mail order houseplants for 51 years. We've perfected growing, handling and techniques that assure you of thriving healthy plants.

eties featured here are a little ind. They are also foolproof 'e've carried. They're remark- ct and disease resistant, very of watering mistakes, and will n a wide range of home light- tions. Your plants come well- d in 3" pots.

N CAROLINA COLLECTION
THE LIBRARY UNC
CHAPEL HILL NC
27514

E "How-To-Grow dbook with every order

te houseplant gardening manual light, moisture, and soil require- s growing tips for more than 150 bulbs.

MINIATURE AFRICAN VIOLETS

Saintpaulia spp.

Miniature African Violets are small scale replicas of the standard varieties. They grow to a diameter of only four inches, and require only a fraction of the space. A tea cup will do nicely. They're heavy bloomers and 6 to 20 tiny flowers may appear at one time. Assorted colors.

H350 Miniature African Violets
$3.50 each, 2 for $5.95, 4 for $9.90.

MINIATURE COLLECTION

Buy the African Violet and any one of the miniature roses and save $1.00.

HC 27 Miniature Collection $6.45

GUARANTEE

All plants are guaranteed to be of high quality, and to arrive in good healthy condition or purchase price will be refunded. Return SHIPPING LABEL ONLY - - you may keep the plants. (One year limit).

MINIATURE ROSE

Just like the rose bushes you grow outdoors in every way except size. The plants grow about 10" high, the leaves less than ½" long and the perfectly formed buds average 1" or less in length. You can display a bouquet in a thimble or a doll's teacup. Well suited for indoor growing. Your choice. $3.95 each, 2 for $7.10 or 3 for $9.95.

H850 Burgess Red — H851 Burgess Yellow
H852 Burgess Pink

Anthurium andraenum

When you have an Anthurium in good condition, your guests will swear it's spray painted plastic. The contrast between the brilliant heart-shaped flowers and the glossy green leaves is striking. We ship healthy, bushy specimens that are ready to flower.
$6.50 each, 2 for $11.95

H594 Flamingo Flower

SCARCE! CHRISTMAS CACTU

Snow white blossoms and shiny holly gree leaves make this new patented Christma Cactus the perfect holiday centerpiece. Th blossoms appear early in December and cor tinue through January. We ran out early la year and the supply might be tight again, s don't delay ordering.
$3.95 each, 2 for $7.20
H703 White Christmas Cactus

One each of our Old Fashioned Red and th new White Christmas Cactus at a saving HC46 $5.95 for two plants.

RED POWDER PUFF

One look at the flowers and you'll kno how the Red Powder Puff got its name. Th 3" flowers are covered with hundreds delicate bright red stamens starting in la winter. This rare, unusual specimen is nati to Bolivia, and does its best in bright i direct light; a fluorescent lighted plant she would be ideal.
SALE PRICED AT $2.95 ea., 2 for $5.5
H107 Red Powder Puff

CLIP AND MAIL TODAY

Burgess SEED AND PLANT CO.

Dept. 1928—11
905 Four Seasons Road
Bloomington, Illinois 61701

Branch Office
Galesburg, Mich. 49053

© BURGESS 1978

HOW MANY	ITEM NO.	DESCRIPTION	COST

Name _____ TOTAL _____

Address _____ Postage & Handling 1.00

City _____ Ill. Residents add 5% Sales Tax _____

State _____ ZIP Code _____ Total enclosed _____